

GRAND CONCLUSION OF 50-DAY STATEWIDE YOGA REVOLUTION AT SST COLLEGE OVER 3.5 LAKH CITIZENS AND STUDENTS UNITED IN DAILY YOGA PRACTICE ACROSS MAHARASHTRA

A Historic Initiative Inspired by PM Modi's Vision of "Yoga for All" and "One Earth, One Health"



Dignitaries, faculty members, and students of SST College participate together in a group yoga session during the 50-day State-Level Yoga Kranti Abhiyan, showcasing collective commitment to health, discipline, and the promotion of traditional wellness practices across Maharashtra.

Marking a milestone in the promotion of holistic wellness and youth engagement, SST College, UHASNAGAR, concluded a grand 50-day Yoga Kranti Abhiyan (Yoga Revolution Initiative) with resounding success. Held in alignment with Prime Minister Narendra Modi's vision of "Yoga for All" and "One Earth, One Health," the initiative witnessed the active participation of over 3.5 lakh students and citizens from across Maharashtra.

The state-level initiative was organized under the joint aegis of the Ministry of AYUSH, the Department of

Higher and Technical Education, the National Service Scheme (NSS) Cell of Mumbai University, Aarogya Yoga and Naturopathy Center, SST College, Jeevan Foundation, and Jeevan-deep College.

The inaugural ceremony of this unique campaign was conducted online and graced by the Higher and Technical Education Minister of Maharashtra, Chandrakant Dada Patil, who appreciated the initiative as a significant step toward cultivating a healthier and more focused youth population.

WIDE PARTICIPATION AND STRUCTURED ONLINE SESSIONS

The initiative ran for 50 consecutive days, providing structured and accessible online yoga sessions to participants, which included NSS volunteers, faculty, students, and local

residents. The sessions emphasized physical wellness, mental balance, and lifestyle discipline, in sync with traditional yogic values and modern scientific practices.

A NEW CHAPTER IN HEALTH AWARENESS

The initiative received an overwhelming response from every corner of the state, reflecting the growing public interest in yoga and holistic wellness. Participants from diverse backgrounds including students, teachers, professionals, and senior citizens joined hands in this collective movement toward better health. The organizers succeeded in creating a well-coordinated, scientifically guided platform for consistent yoga practice, contributing significantly to both physical fitness and mental well-being.

The 50-day yoga campaign at SST College has not only set a benchmark in community wellness initiatives but has also reaffirmed the relevance of traditional practices like yoga in modern life. Its inclusive approach, digital accessibility, and mass participation make it a model worth replicating. As a result, it now stands as a potential blueprint for similar large-scale health programs across the nation, promoting a culture of discipline, mindfulness, and preventive healthcare.

DIGNITARIES APPRECIATE IMPACT AT CONCLUDING CEREMONY

The concluding ceremony, held in the college premises, was marked by thought-provoking speeches and a collective vision for the future of yoga in education. The welcome address was delivered by Vice Principal Prof. Jeevan Vichare, who highlighted the goals and execution of the campaign.

Dr. Milind Dharwadkar, the chief guest, lauded the widespread outreach of the initiative and its capacity to serve as a model for other institutions. Dr. Vijay Kukreja, a key contributor to the initiative, presented a detailed plan for the promotion of yoga in the upcoming academic year, focusing on curriculum integration and increased community engagement.

Prominent attendees included Sarika Kukreja, Co-founder of Aarogya Yoga and Naturopathy Center; Sameer Pimpalkar; Vice Principal Dr. Deepak Gawade; Prof. Devidas Jalkote; Regional Coordinator Dr. Sandesh Jayabhay; and Prof. Neeraj Mishra. Faculty members and a large number of NSS volunteers also marked their presence.

VOLUNTEERS AND FACULTY DRIVE EXECUTION

The program was efficiently hosted by Asst. Prof. Namrata Singh, whose clear and engaging compering ensured the smooth flow of the concluding ceremony.

Program Officer Prof. Mayur Mathur and his team of NSS volunteers played a crucial role in coordinating the 50-day campaign. They managed daily yoga sessions, handled digital participation, and provided technical support, ensuring the initiative ran smoothly and reached participants across Maharashtra.

SST COLLEGE NSS AND GREEN CLUB JOIN UMC'S TREE PLANTATION DRIVE ON WORLD ENVIRONMENT DAY



Asst. Prof. Namrata Singh, along with Green Club and NSS volunteers and officials, poses with a banner promoting environmental awareness during the World Environment Day tree plantation drive organized by Ulhasnagar Municipal Corporation and SST College.

On the occasion of World Environment Day, the Ulhasnagar Municipal Corporation (UMC) organized a Tree Rally and Plantation Drive to promote environmental sustainability. Volunteers from the National Service Scheme (NSS) unit and Green Club of SST College actively participated in the event with great enthusiasm.

The event was conducted under the guidance of the college's founder principal, Dr. J.C. Purswani, and was led by Asst. Prof. Jeevan Vichare, NSS District Coordinator and Vice Principal of the college. Asst. Prof. Namrata Singh, coordinator of the Green Club, was also present and actively

engaged in the initiative.

This environment-focused activity aimed to instill a sense of ecological responsibility among students while spreading the message of protecting nature through increased tree plantation. Students pledged to contribute to a greener future by participating in such meaningful actions.

The NSS unit and Green Club of SST College are known for organizing several eco-friendly initiatives throughout the year. Through such consistent efforts, the college community continues to spread awareness about climate action and sustainable living.

SST COLLEGE LAUNCHES GREEN DRIVE WITH TRANSGENDER COMMUNITY

Under the "Ek Ped Maa ke Naam 2.0" campaign, the NSS unit and Green Club of SST College, in collaboration with Jeevan Foundation and Global Foundation, carried out a special tree plantation drive at the Global Foundation campus for the transgender community. The initiative included planting fruit trees, a kitchen garden, and setting up a lotus pond, promoting sustainability and inclusivity. Guided by Dr. J.C. Purswani, Prof. Jeevan Vichare, and Prof. Namrata Singh, the campaign aimed to spread awareness about environmental care while supporting marginalized communities.

EK PED MAE KE NAAM 2.0 CAMPAIGN ON THE OCCASION OF WORLD ENVIRONMENT DAY



TRIBUTE TO THE MARATHA LEGACY SHIVRAJYABHISHEK DAY CELEBRATED AT SST COLLEGE

NSS UNIT AND GREEN CLUB LEAD EVENT PROMOTING CHHATRAPATI SHIVAJI MAHARAJ'S VALUES OF COURAGE, UNITY AND GOOD GOVERNANCE.



Faculty members and NSS volunteers of SST College pose for a group photo after the successful celebration of Shivrajyabhishek Day, which began with the traditional 'Shiv Rajyabhishek' ceremony paying homage to Chhatrapati Shivaji Maharaj.

The National Service Scheme (NSS) unit and Green Club of SST College, in collaboration with Jeevan Foundation, celebrated Shivrajyabhishek Day with great enthusiasm and reverence on campus. The event paid tribute to the historic coronation of Chhatrapati Shivaji Maharaj, highlighting his legacy of leadership, valor, and cultural pride.

Organized under the guidance of founder principal Dr. J.C. Purswani, the program saw active participation from Vice Principal and NSS District Coordinator Asst. Prof. Jeevan Vichare, Green Club Coordinator Asst. Prof. Namrata Singh, along with several faculty members and a large number of students. The campus was adorned with saffron flags and cultural banners, adding to the patriotic ambiance of the celebration.

The event began with

the ritualistic abhishek (anointment) of Chhatrapati Shivaji Maharaj's idol, followed by a traditional puja and floral tribute. Students expressed their admiration for the great Maratha ruler by chanting patriotic slogans, sharing reflections, and engaging in brief presentations on Shivaji Maharaj's administrative wisdom, military strategy, and commitment to justice.

The event successfully fostered a spirit of patriotism, historical awareness, leadership qualities, and cultural pride among students. It proved to be a meaningful and inspirational experience for all participants, especially the youth, reinforcing the timeless relevance of Shivaji Maharaj's ideals in today's society. The initiative also highlighted the role of educational institutions in preserving and promoting India's rich historical and cultural legacy.

VOICES FOR EQUALITY RISE THROUGH VERSE AT SST COLLEGE'S 'BHIMRAO IN POETRY' EVENT

POETS, DIGNITARIES, AND YOUTH UNITE IN VERSE TO HONOR CHHATRAPATI SHIVAJI MAHARAJ, BHARAT RATNA DR. BHIMRAO AMBEDKAR AND MAHATMA JYOTIRAO PHULE, KINDLING AWARENESS, EQUALITY, AND CHANGE THROUGH POWERFUL PERFORMANCES.



Cultural performances, dignitaries inaugurating the event by watering plants, and poets reciting socially impactful verses marked the vibrant atmosphere of the 'Bhimrao in Poetry' symposium held at SST College, celebrating the legacy of social reformers through art, thought, and expression.

To commemorate the joint birth anniversaries of Chhatrapati Shivaji Maharaj, Mahatma Jyotirao Phule, and Bharat Ratna Dr. Babasaheb Ambedkar, a unique poetry symposium titled "Kavitela Bhimrao" was organized by Smart Foundation in collaboration with S.S.T. College, Ulhasnagar. The event, held in the college auditorium, served as a powerful platform for social awareness through poetry and cultural expression.

The program was inaugurated by veteran poet Arun Mhatre and Dr. J.C. Purswani, the founding

principal of SST College. The event was presided over by Mrs. Vasundhara More-Kedare, chairperson of the Smart Foundation and a noted medical social worker. The symposium also featured special addresses by renowned lyricist Dr. Vinayak Pawar and Raj Asrondkar, founder of the Live by Law public movement, who provided insightful guidance on social justice and activism.

Several dignitaries graced the occasion with their presence, including Manisha Walekar, former corporator of Ambernath Nagar

Parishad; Manoj Shelar, leader of Maharashtra Navnirman Vidyarthi Sena; Nana Pawar, Madhya Pradesh Secretary of RIPAI (Aathavale Group); Prakash Jadhav, President of Sahitya Samrat Anna Bhau Sathé Aadhar Pratishthan; Dilip Bagul, former Executive Engineer; and Dr. Deepak Gawade, Vice Principal of SST College.

A moment of pride was marked by the honoring of senior legal expert Dilip Walanj with the 'Blue Suns' Award for his valuable contribution to social justice and law.

The event also featured captivating cultural performances through the college's cultural department. Soulful songs based on social reform movements were presented by I.M. More, Bharat Ambavane, Shahira Aishwarya Pawar, Vaishali Pagar, and Sachin Sardar, leaving a lasting impact on the audience.

The program was expertly compered by Dr. Suvarna Ahire, Prof. Praful Kedare, and Prof. Vrushali Vinayak, whose clear and engaging narration ensured the smooth conduct of the event. In the poetry recital seg-

ment, impactful and socially conscious poems were presented by Jitendra Lad, Mangesh Sardar, Dr. Narsingh Ingle, Srikant Vayul, Kiran Bhilare, Sonali Jadhav, Pramod Tale, and Prof. Dr. Deepak Gawade. Each poem reflected the struggles, rights, and aspirations of marginalized communities and paid homage to the legacy of Dr. Babasaheb Ambedkar.

The event successfully ignited a torch of thought and reflection, using poetry as a tool to awaken social consciousness and reaffirm the values of equality, justice, and dignity for all.

SST COLLEGE HOSTS THANE ZONAL SPORTS COMMITTEE AGM, RETAINS HOSTING RIGHTS FOR 2025-26 MUMBAI UNIVERSITY OFFICIALS AND SPORTS DIRECTORS FROM 40 COLLEGES ATTEND ANNUAL MEET



Principal Dr. J.C. Purswani, University Sports Director Dr. Manoj Reddy, Committee Members, and representatives from 40 colleges pose together after the successful conclusion of the Thane Zonal Sports Committee Annual General Meeting hosted at SST College.

The Annual General Meeting (AGM) of the Thane Zonal Sports Committee (Zone 3) under Mumbai University for the academic year 2024-25 was successfully held at the SST College Seminar Hall.

The meeting was chaired by Principal Dr. J.C. Purswani, with Physical Director Rahul Akul appointed

as Secretary. The session witnessed the special presence of Dr. Manoj Reddy, Director of Sports, Mumbai University, and Dr. Chandrakant Mhatre, member of the University Board. Sports directors from over 40 colleges in the Thane region attended the meeting.

During the session, Dr. Reddy appreciated the work carried out in the Thane re-

gion and especially lauded the efficiency and systematic approach of SST College. For their notable contributions in 2024-25, committee members Prof. Ganesh More, Prof. Umesh Sonawane, Prof. Rohini Dombe, Dr. Yagneshwar Bagraw, Dr. Vijay Singh, and Prof. Satish Rajguru were commended for their dedication and effective manage-

ment. Owing to the college's commendable performance and event management, SST College has once again been selected as the host institution for the 2025-26 academic year. The meeting concluded with a unanimous resolution congratulating the college on its continued excellence.

SST COLLEGE MARKS INTERNATIONAL DAY AGAINST DRUG ABUSE WITH ANTI-DRUG PLEDGE



Students, faculty members, and officials from Vitthalwadi Police Station take a collective pledge for a drug-free India during the observance of International Day Against Drug Abuse at SST College.

SST College marked the International Day Against Drug Abuse and Illicit Trafficking with a strong message of awareness and responsibility. The event was organized by the college's National Service Scheme (NSS) Unit, in collaboration with Vitthalwadi Police Station and Jeevan Foundation.

As part of the nationwide Anti-Drugs Campaign, students took a solemn pledge to work toward a

drug-free India, committing themselves to a healthy and addiction-free lifestyle. The event also included a short awareness session highlighting the harmful effects of substance abuse and the role of youth in eradicating this social evil.

The initiative reinforced the college's ongoing efforts to promote social responsibility, health consciousness, and moral integrity among students.

SST COLLEGE KICKS OFF NEW ACADEMIC YEAR WITH ORIENTATION SESSION FOR SECOND-YEAR STUDENTS



Faculty members and second-year students of SST College during the orientation session that marked the beginning of the new academic year.

SST College commenced the new academic year for second-year students across all programs with an informative and engaging orientation session. Continuing its tradition, the college hosted this session to help students transition smoothly into their second year of academic life.

The orientation aimed to familiarize students with the new curriculum, upcoming ac-

ademic activities, and college policies. It also served as a platform to introduce students to the institutional values, support systems, and co-curricular opportunities available throughout the year.

With enthusiastic participation from faculty and students alike, the session laid a strong foundation for an enriching and successful academic journey ahead.