

SST COLLEGE LAUNCHES **NSS LEADERSHIP CAMP** WITH MUMBAI UNIVERSITY, BRINGING TOGETHER **145 VOLUNTEERS FROM 89 COLLEGES**



Volunteers from 89 Colleges, Along with SST College Representatives and Mumbai University Officials, Come Together at the NSS Leadership Training Camp.

A five-day leadership training camp was organized by the National Service Scheme (NSS) unit of SST College in collaboration with the Mumbai University National Service Scheme Department at Arogya Yoga and Naturopathy Center, Jambilghar, Badlapur.

The camp was inaugu-

rated by Sushil Shinde, OSD of the Mumbai University National Service Scheme Department. During the inauguration, Shinde guided the attendees on how the building of a prosperous India can be achieved through the contribution of the youth.

145 volunteers from 89 colleges are participating

in this camp, and they are being trained in leadership skills by expert guides. Additionally, volunteers are getting an opportunity to raise social awareness by participating in social activities.

SST College Founder Principal Dr. Purswani, Director of Arogya Yoga Naturopathy Center Dr. Vijay

Kukreja, District Coordinator and Vice Principal Jeevan Vichare, Divisional Coordinator Dr. Sandesh Jaibhaye, as well as Prof. Neeraj Mishra, Prof. Renu Verma, Asst. Prof. Yogesh Patil, and Asst. Prof. Mayur Mathur were present at the event.

The inaugural ceremony was hosted by Prof. Mayur Mathur.

SST COLLEGE STANDS OUT AT '**AAVAHAN**' WITH **DYNAMIC PERFORMANCES**



Students of SST College being felicitated with certificates by the organizing team of 'Aavahan' Intercollegiate Cultural Fest in recognition of their outstanding performances.

SST College's 'Sanjivani' Cultural Department delivered an outstanding performance at the 'Aavahan' Intercollegiate Competition, organized by J.K. College, Ghansoli, securing top positions across multiple categories.

In the Group Dance and Solo Dance competitions, the Dance Mania group impressed the judges and secured first place. Suraj Kadam

and Shravan Mali showcased their exceptional talent in the Solo Dance category, securing first and second place, respectively.

The students also excelled in the Creative Makeup and Face Painting competitions, with Laxmi Kamble and Mayuri Muchkel claiming first place. Additionally, Anshika Sharma secured third place in the Mehndi competition.

This victory means a lot

to me. The competition was tough, but with the constant support of my mentors and peers, I was able to give my best performance," said Suraj Kadam, solo dance winner.

It was an incredible experience competing against such talented participants. I'm grateful to my college and cultural department for their encouragement and support," expressed Laxmi Kamble, creative makeup winner. The Cul-

tural Department and college management played a crucial role in mentoring and guiding the students."

Their dedication, hard work, and creativity have truly paid off. We are immensely proud of them for bringing glory to SST College," said Dr. Tushar Wakse.

The students' achievements have brought immense pride to SST College, earning widespread appreciation.

SST COLLEGE'S GREEN CLUB ORGANIZES POSTER MAKING COMPETITION ON WATER CONSERVATION



SST College students showcase their creativity and commitment to water conservation through impactful artwork at the Green Club's Poster Making Competition.

In an effort to raise awareness about water conservation, SST College's Green Club organized a Poster Making Competition, encouraging students to express their creativity while promoting an important environmental cause.

The competition focused on the theme "Changes in Personal Habits to Save Water", urging participants to depict ways in which individuals can adopt sustainable practices in their daily lives.

Through artistic expression, students highlighted key measures such as mindful water usage, reducing wastage, and adopting eco-friendly habits.

The event witnessed enthusiastic participation from students, who used vibrant visuals and impactful messages to convey the urgency of saving water. The Green Club, known for its continuous efforts in promoting environmental awareness, aims to instill a sense of responsibility among stu-

dents towards sustainability. Speaking about the initiative, a faculty coordinator from the Green Club said, "This competition was not just about art; it was about inspiring real change. If every student implements even one small habit to conserve water, it will create a significant impact."

The event successfully combined art, awareness, and action, reinforcing SST College's commitment to environmental education and sustainable living.

SST COLLEGE'S ONE-ACT PLAY 'OPERATION' REACHES FINAL ROUND OF LOKSATTA LOKANKIKA

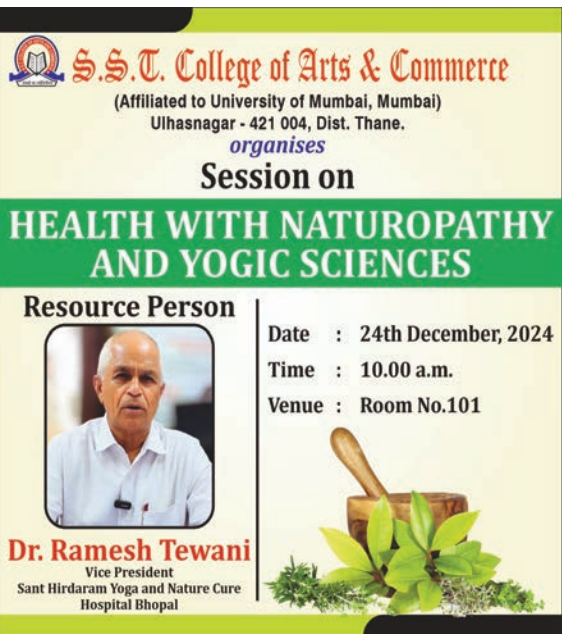
SST College has secured a spot in the final round of the prestigious Loksatta Lokankika One-Act Play Competition, organized by Loksatta Newspaper. The competition, known for showcasing exceptional theatrical talent, witnessed strong participation from various colleges across the region.

During the Thane Zone round, SST College's play 'Operation' impressed the judges with its storyline, powerful performances, and impactful direction. The play successfully made its way to the final stage, earning recognition among the top five one-act plays of the competition.

Speaking about the achievement, a college representative said, "Being selected for the final round in such a prestigious competition is a moment of pride for SST College. Our team has worked tirelessly to bring this performance to life."

The Loksatta Lokankika competition has long been regarded as a platform for young theatre artists to showcase their talent, creativity, and storytelling skills, expectations are high, and the team is preparing to deliver a performance that leaves a lasting impact.

SST COLLEGE HOSTS INFORMATIVE SESSION ON NATUROPATHY AND YOGIC SCIENCE



SST College Principal welcomes resource person Dr. Ramesh Tewani with a sapling, while Dr. Padma Deshpande and Dr. Deepak Gavade join him and his associates in marking the occasion. The event's banner highlights the insightful session on Naturopathy and Yogic Science.

A special session on Naturopathy and Yogic Science was recently organized at SST College, highlighting the benefits of natural healing and yoga for a healthier lifestyle. The session aimed to educate students on the importance of holistic well-being and sustainable wellness practices.

Dr. Ramesh Tewani, the resource person for the session, provided valuable insights into the principles of

naturopathy, dietary habits, and the impact of yogic practices on physical and mental health. He emphasized how integrating natural remedies and yoga-based techniques can help prevent lifestyle-related ailments and enhance overall well-being.

Speaking on the occasion, Dr. Deepak Gavade, Vice Principal of SST College, said, "Encouraging students to explore holistic health approaches is essen-

tial in today's fast-paced world. This session has given them a fresh perspective on leading a balanced and healthy life."

Dr. J.C. Purswani, Founder Principal of SST College, highlighted the significance of incorporating wellness practices into education. He stated, "At SST College, we believe in nurturing both academic excellence and overall well-being. Sessions like these help stu-

dents develop a healthier approach to life, which is just as important as their studies."

The session witnessed enthusiastic participation from students, who actively engaged in discussions and learned practical ways to adopt yogic and naturopathic practices in their daily lives. The initiative reflects SST College's commitment to promoting health awareness and holistic education.

BAMMC STUDENTS GAIN HANDS-ON EXPERIENCE WITH PRINTING PRESS VISIT



BAMMC students of SST College along with faculty member during their educational visit to the printing press, gaining first-hand insights into offset and banner printing processes.

Students of the Bachelor of Arts in Multimedia and Mass Communication (BAMMC) Department at SST College recently visited various printing presses to gain practical exposure to the printing industry. The visit provided them with firsthand knowledge of printing techniques, an essential aspect of the media field.

During the visit, students observed offset printing, banner printing, and other key processes, learning about the intricate workflow involved in newspaper and commercial printing. Industry experts guided them through the technical and operational aspects, giving them a deeper understanding of print media production.

SST College remains committed to providing industry-based learning opportunities, ensuring students are well-prepared for careers in journalism and media production. The visit served as a valuable experience, bridging the gap between classroom learning and real-world applications.

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BAMMC DEPARTMENT ORGANIZES UNIQUE PHOTO WALK FOR PRACTICAL LEARNING



BAMMC students with Asst. Prof. Shaba Shaikh, Asst. Prof. Sanghamitra Bendkhale during the Photo Walk at Veermata Jijabai Bhosale Udyan. In another frame, students showcase their photography skills with a striking capture of a tiger.

Bachelor of Arts in Multimedia and Mass Communication (BAMMC) Department of SST College continues to provide on-field learning experiences for its students through various engaging activities. In a recent initiative, the department organized a Photo Walk at Veermata Jijabai Bhosale Udyan, offering students an opportunity to apply their

photography skills in a real-world setting.

During the activity, students received practical training in photography, learning to capture moments with a professional approach. The session allowed them to explore angles, lighting, and composition techniques, enhancing their understanding of visual storytelling.

The BAMMC Department remains committed to bridging theoretical knowledge with hands-on experiences, ensuring that students gain the skills required for media and communication fields. The event was well-received, reinforcing the department's focus on experiential learning and industry-ready training.

SST COLLEGE'S BLOOD DONATION CAMP RECEIVES OVERWHELMING RESPONSE, 262 UNITS COLLECTED



Dr. Tushar Wakse receives goodies from officials after donating blood at SST College's Blood Donation Camp, joined by Dr. Santosh Karmani, Vice Principal, Asst. Prof. Jeevan Vichare, NSS District Coordinator, and Asst. Prof. Mayur Mathur, NSS Program Officer.

The blood donation camp organized by the NSS Unit, Red Ribbon Club, DLLE, Cultural Department, Student Council, and Alumni Association of SST College received a great response from students and citizens of Ulhasnagar.

The camp was organized with the support of HDFC Bank, Central Hospital Ulhasnagar, and Sankalp Blood Bank. The message conveyed was "Become a hero, donate blood, and give someone a

chance to live."

With this message, many blood donors contributed significantly to society through this campaign. In this camp, 262 blood bottles were collected.

"Blood donation is a friendly feeling," with this ideology, the camp was organized. The enthusiasm shown by blood donors presented an ideal of social service and made this campaign successful.

This blood donation camp was organized under

the guidance of Dr. Purswani, Founder Principal of SST College, and Dr. Khushboo Purswani, IQAC Coordinator, Vice Principal and NSS Thane District Coordinator Asst. Prof. Jeevan Vichare, NSS Program Officer Asst. Prof. Mayur Mathur, Prof. Yogesh Patil, and Dr. Suvarna Ahire, with the help of student volunteers.

Central Hospital, Sankalp Blood Bank, and HDFC Bank doctors and staff provided special support for this event.

DLL&E UNIT SPREADS CHRISTMAS CHEER AT VIKAS VIDYALAYA



DLL&E students of SST College celebrating Christmas at Vikas Vidyalaya, spreading joy with Santa Claus, fun activities, and gift distribution among the children.

Continuing its efforts to instill social responsibility among students, the Department of Lifelong Learning and Extension (DLL&E) Unit of SST College celebrated Christmas with the children of Vikas Vidyalaya. After the success of their Diwali celebration at an orphanage, the unit extended its festive spirit to bring joy and happiness to underprivileged children.

The event featured a special appear-

ance by Santa Claus, who delighted the children with gifts and treats. DLL&E students actively participated in the celebration, engaging in fun activities, interactive games, and gift distribution, making the day memorable for the kids.

Through such initiatives, DLL&E Unit continues to emphasize social engagement, and community service, ensuring students understand the importance of giving back to society.

SST ATHLETES PROPEL MUMBAI UNIVERSITY TO INTER-UNIVERSITY KHO KHO VICTORY



Mumbai University's women's Kho Kho team celebrates their victory at the West Zone Inter-University Tournament in Rajasthan, securing qualification for the All India University Kho Kho Championship. SST College players, felicitated with trophies and medals, played a key role in the team's success.

University of Mumbai's women's Kho Kho team emerged victorious in the West Zone Inter-University Kho Kho Tournament held in Rajasthan, securing their place in the prestigious All India University Kho Kho Tournament.

The team delivered an outstanding performance throughout the tournament, showcasing exceptional agility, teamwork, and determination. Among the standout performers were students from SST

College, who played a crucial role in the team's success with their remarkable skills and sportsmanship.

With this victory, the Mumbai University team has set high expectations for the upcoming All India Tournament, where they aim to continue their winning streak. The achievement reflects the dedication and rigorous training of the players, further strengthening SST College's reputation in the sports arena.

SST COLLEGE'S ASHISH YADAV WINS GOLD AT MUMBAI UNIVERSITY INTER-ZONE YOGA COMPETITION



Ashish Yadav, gold medalist of the Mumbai University Inter-Zone Yoga Competition, proudly poses with Rahul Akul, Physical Sports Director, SST College.

SST College student Ashish Yadav won a gold medal with an outstanding performance in the Mumbai University Inter Zone Yoga Competition held at M.L. Dahanukar College. Participants from various colleges took part in this competition, but Ashish left his mark with his excellent skills and confidence.

Due to this success, SST College's name has been highlighted and an atmosphere of in-

spiration has been created among the students. The principal, sports teachers, other teachers, staff, and students of the college congratulated Ashish on this achievement. While wishing him a bright future, a celebratory atmosphere has been created in the college.

By achieving such success in the ancient art of yoga, Ashish has inspired the youth to pay attention to their physical and mental health.

SSTIAN SAKSHI JADHAL WINS FIRST PLACE AT PUNE INTERNATIONAL MARATHON



Sakshi Jadhal of SST College proudly holds her trophy after securing first place in the 21 km race at the Pune International Marathon.

Sakshi Jadhal, a talented athlete from SST College of Arts and Commerce, has secured first place in the 21 km race at the prestigious Pune International Marathon, outpacing strong competitors from across India and abroad.

For her remarkable achievement, Sakshi was honored with a cash prize of ₹2.25 lakh. Competing in a marathon of international repute, she displayed exceptional endurance, determination, and skill. Expressing her happiness, Sakshi credited her success to rigorous training and the encouragement of her professors and friends, stating, "Continuous practice made this possible. I am grateful to my mentors and the college for always supporting my journey."

Dr. J. C. Purswani,

Founder Principal of SST College, praised Sakshi's achievement, saying, "Her victory is a testament to her hard work and dedication. She has set a new benchmark for aspiring athletes of the college."

Vice Principal Dr. Santosh Karmani also lauded her accomplishment, adding, "Sakshi's success reflects the sporting excellence we nurture at SST College. She is an inspiration to all students."

A prominent athlete of SST College's sports department, Sakshi has previously represented the college in several national and international competitions. Her latest victory has brought immense pride to the institution, with the principal, faculty, and students congratulating her on this outstanding milestone in her sporting career.

SST COLLEGE'S GREEN CLUB ORGANIZES 'NATURE'S MARVELS' TREE EXHIBITION



Students explore diverse tree species at SST College's 'Nature's Marvels' Tree Exhibition, promoting environmental awareness and sustainability.

SST College's Green Club organized a Tree Exhibition titled "Nature's Marvels" to raise environmental awareness. Students explored various tree species, learning about their ecological importance and role in sustainability.

The event fostered a deeper appreciation for nature and encouraged students to adopt eco-friendly habits. Through such initiatives, SST College continues to promote environmental conservation and sustainability.