



S.S.T. College of Arts & Commerce

Affiliated to University of Mumbai

WOMEN DEVELOPMENT CELL

2023-24



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Activities done by Women Development Cell during 2023-2024

Sr. No.	Name of the Activity	Date of the Activity	No. of students Participated
1	Self-Defense Program for Women	12 th July, 2023	41
2	Celebration of Rakshabandhan	29 th August, 2023	11
3	An Intra-Collegiate Mehndi & Nail Art Competition	1 st September 2023	20
4	“Health & Hygiene” (Tips & Techniques)	30 th October, 2023	30
5	Seminar on Awareness of Thalassemia	4 th January, 2024	133
6	Thalassemia Free Check-up Camp	6 th January, 2024	142
7	Seminar on Breaking the Binary	17 th February, 24	66
8	Seminar on Personal Hygiene	2 nd March, 2024	97
9	Women’s Day Celebration	11 th March, 2024	36



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Report on Self-Defense Program for Women

Venue: Room No. 108

Date: 12th July, 2023

No. of Students: 41

Resource Person: Rajmata Jijabai Team

On the 12th of July, 2023, a significant event took place at Room 108, wherein a "Self-Defense Program for Women" was organized. This initiative was spearheaded by the Women Development Cell in collaboration with the NSS Unit, under the auspices of the Rajmata Jijabai scheme. The program aimed to empower women with essential self-defense techniques and knowledge, equipping them to navigate potential threats effectively. The program witnessed enthusiastic participation from 50 students who eagerly engaged in the sessions and activities designed to impart practical self-defense skills.

Asst Prof. Sneha Gupta concluded the session by giving the vote of thanks to the Rajmata Jijabai Team.



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Banner for the event



Rajmata Jijabai Team with students



Students while attending the Self Defense session



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Report on Celebration of Rakshabandhan

Venue: Hill Line Police Station, Ulhasnagar-5

Date: 29th August, 2023

No. of Students: 11

On the auspicious occasion of Rakshabandhan, the Women Development Cell of SST College of Arts & Commerce organized a heartwarming event to celebrate the bond of brotherhood with the Hill Road Police Station, Ulhasnagar -5. This initiative aimed to foster camaraderie and appreciation between the students and the police personnel, recognizing their invaluable role in ensuring the safety and security of the community. A total of 11 students from SST College of Arts & Commerce enthusiastically participated in the event, contributing to its success and meaningful engagement. Celebration organized by the Women Development Cell of SST College of Arts & Commerce exemplified the spirit of unity, gratitude.



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Glimpses



**Team WDC with the students celebrating Rakshabandhan at Hill Line Police Station
Ulhasnagar-5**



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Report on Intra-Collegiate Mehndi & Nail Art Competition

Venue: Room No 11 & 13

Date: 1st Sep 2023

No. of Students: 20

The Women Development Cell of SST College of Arts & Commerce organized an engaging and creative event, an Intra-Collegiate Mehndi & Nail Art Competition, in celebration of the festival of Teej. This event aimed to provide a platform for students to showcase their artistic talents in Mehndi and Nail Artistry, fostering creativity and cultural appreciation among participants. A total of 20 students enthusiastically participated in the competition, demonstrating their skills and creativity in Mehndi and Nail Art.

Glimpses



Students participating in Mehndi & Nail Art Competition



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Report on “Health & Hygiene” (Tips & Techniques)

Venue: Room No 24

Date: 30th October, 2023

No. of Students : 30

Resource Person :Asst. Prof. Komal Kamra

The Women Development Cell of SST College of Arts & Commerce organized an informative and enlightening seminar on "Health & Hygiene" focusing on tips and techniques to maintain personal well-being. The seminar aimed to educate and empower students with essential knowledge and practices to ensure optimal health and hygiene. A total of 30 students attended the seminar, actively engaging in the discussions and activities aimed at promoting health and hygiene awareness. Asst. Prof. Komal Kamra delivered informative sessions covering various aspects of health and hygiene, including personal grooming, nutrition, sanitation, and disease prevention. After the vote of thanks given by Asst. Prof. Harshada Darekar the session was concluded.



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Resource person Asst. Prof. Komal Kamra while delivering session on the topic

Asst. Prof. Harshada Darekar giving vote of thanks





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Report on Seminar on Awareness of Thalassemia

Venue: Room No 101

Date: 4th January, 2024

No. of Students : 133

Resource Person : Mr. Jawahar Dudani (Thalassemia Foundation, Ulhasnagar)

On the 4th of January, 2024, a significant seminar was organized at SST College of Arts & Commerce aimed at spreading awareness about Thalassemia. Thalassemia is a genetic blood disorder that affects the production of hemoglobin, leading to anemia. The seminar sought to educate students about the causes, symptoms, prevention, and treatment of Thalassemia. Mr. Jawahar Dudani, representing the Thalassemia Foundation, Ulhasnagar, served as the resource person for the seminar. His extensive knowledge and experience in the field of Thalassemia provided invaluable insights to the participants. A total of 133 students actively participated in the seminar, demonstrating their interest and commitment to learning about Thalassemia and its impact on individuals and communities. Asst. Prof. Komal Kamra concluded the seminar by giving the vote of thanks.



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**Asst. Prof. Reena Mishra
Felicitating the Resource Person**

**Resource Person Mr. Jawahar Dudani
while giving valuable insights to the
participants**



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GPS Map Camera



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Report on Thalassemia Free Check-up Camp

Venue: Room No 101

Date: 6th January, 2024

No. of Students : 142

Resource Person Mr. Ashok Khatuja (Thalassemia Foundation, Ulhasnagar)

On the 6th of January, 2024, a commendable initiative took place in the form of a Thalassemia Free Check-up Camp. Organized by the Women Development Cell in collaboration with the Department of BMS, this camp aimed to provide free Thalassemia screenings and raise awareness about this genetic blood disorder. Mr. Ashok Khatuja, representing the Thalassemia Foundation, Ulhasnagar, served as the resource person for the camp. With his extensive knowledge and experience, he facilitated the Thalassemia screenings and provided valuable information to the participants. A total of 142 individuals availed themselves of the free Thalassemia check-up services offered at the camp. Asst. Prof. Sneha Gupta gave the vote of thanks to the resource person and the team.



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IQAC Coordinator Dr. Khushbu Purswani at Thalassemia checkup

**Students getting benefited
Thalassemia checkup
done**





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Report on Seminar on Breaking the Binary

Venue: Room No 106

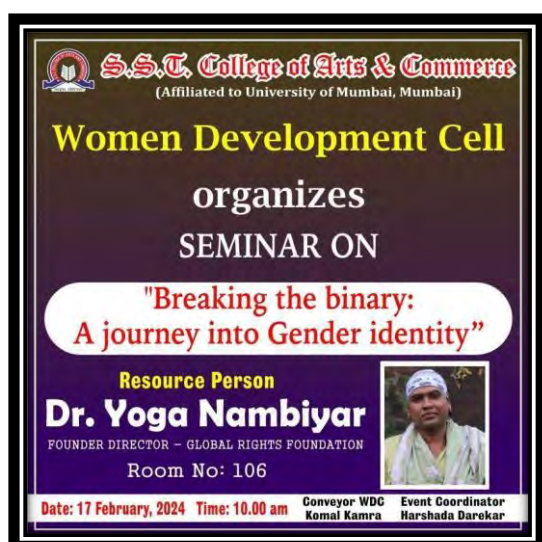
Date: 17th February, 24

No. of Students: 66

Resource Person : Dr. Yogi Nambiar Founder Director Global Rights Foundation

On the 17th of February, 2024, a thought-provoking seminar titled "Breaking the Binary: A Journey into Gender Identity" was conducted in Room Number 106. Dr. Yogi Nambiar, Founder Director of the Global Rights Foundation, graced the seminar as the resource person. With expertise in gender studies and human rights, Dr. Nambiar brought valuable insights and perspectives to the discussion on gender identity. The seminar included interactive sessions where participants had the opportunity to ask questions, share their thoughts, and engage in meaningful dialogue about gender identity and its implications. The Session was concluded after the vote of thanks given by Asst. Prof. Harshada Darekar.

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Banner of the Seminar

Students engaged in the session



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Report on Seminar on Personal Hygiene

Venue: Room No 101

Date: 2nd March, 2024

No. of Students: 97

Resource Person: Ms. Riddhi Kunjwani

On the 2nd of March, 2024, a seminar focusing on "Personal Hygiene" was conducted in Room Number 101. The seminar aimed to educate students about the importance of personal hygiene practices for maintaining overall health and well-being. Ms. Riddhi Kunjwani, representing the SHE Academy, served as the resource person for the seminar. The seminar included interactive sessions where students actively participated in discussions, shared their experiences, and sought clarification on personal hygiene practices. Asst. Prof. Aakash Jawarani concluded the session with the vote of thanks.



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Banner of the Seminar

Resource person sharing valuable insights on the topic



Team WDC with Resource Person



Students attending session on Personal Hygiene





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Report on Women's Day Celebration

Venue: Dramanomics

Date: 11th March, 2024

No. of Participants: 36

On the occasion of Women's Day, the Women Development Cell (WDC) of SST College of Arts and Commerce, Ulhasnagar, organized a special celebration to honor and appreciate the women faculty members of the college. The event aimed to recognize their contributions and provide an opportunity for relaxation and enjoyment. The Women's Day celebration commenced in the Dramanomics Room of the college, where the Women Development Cell team had arranged various games and activities for the women faculty members. Following the games and activities, the Women's Development Cell team arranged for snacks and high tea for all the participants.

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Banner of the Event

Faculty members at the celebration

