



S.S.T. College of Arts & Commerce

Affiliated to University of Mumbai

WOMEN DEVELOPMENT CELL

2022-23



S.S.T. College of Arts & Commerce

(Affiliated to University of Mumbai, Mumbai)



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Activities done by Women Development Cell during 2022-2023

Sr. No.	Name of the Activity	Date of the Activity	No. of students Participated
1	Seminar on Gender Equality	30 th July, 2022	49
2	Mehndi & Tattoo Making Competition	13 th Aug, 2022	38
3	Seminar on Women Health & Hygiene	12 th Sep, 2022	195
4	Seminar on Prevention of Sexual Harassment of Women	3 rd Oct, 2022	86
5	Seminar on Empowerment of Citizens through Legal Awareness	24 th Nov, 2022	76
6	Seminar on PCOD (POLYCYSTIC OVARIAN DISEASE)	11 th January, 2023	116
7	Seminar on balancing life through meditation	12 th January, 2023	82
8	Seminar on Stand Up Against Street Harassment	13 th February, 2023	106
9	Seminar on Women's Day Celebration	8 th March, 2023	36



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Report on Seminar on Gender Equality

Venue: Room No. 208

Date: 30th July, 2022

No. of Students: 49

Resource Person: Advocate Ms. Sampada Kulkarni

On July 30, 2022, a seminar on Gender Equality was held in Room No. 208, Advocate Ms. Sampada Kulkarni as the Resource person. The seminar aimed to shed light on the importance of gender equality in today's society and to discuss ways to promote it effectively. As the resource person, Advocate Ms. Sampada Kulkarni delivered an insightful presentation on various aspects of gender equality, including its legal framework, societal implications, and ongoing challenges. Her expertise and passion for the subject resonated well with the audience, sparking thought-provoking discussions. The Session ended with a vote of thanks by Asst Prof. Harshada Darekar.



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Glimpses:

 **S.S.T. College of Arts & Commerce**
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Women Development Cell
in association with
NSS UNIT
Organises
Session on
GENDER EQUALITY
Resource Person
Adv. Sampada Kulkarni
Room No: 208
Date: 30/07/2022 Time: 10.30 am Convener WDC: Komal Kamra



Adv Sampada Kulkarni addresses students about Gender Equality.



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Report on Mehndi & Tattoo Making Competition

Venue: Room No. 24

Date: 13th Aug, 2022

No. of Students: 38

On August 13, 2022, as part of the Fest-Teej celebrations, a Mehndi & Tattoo Making Competition was organized in Room No. 24. The competition aimed to provide a platform for students to showcase their artistic talent in Mehndi and Tattoo design while fostering a spirit of creativity and cultural appreciation. Participants showcased their artistic skills and creativity through intricate Mehndi designs and innovative Tattoo patterns. The event exemplified the spirit of creativity and cultural appreciation, leaving a lasting impression on all attendees.

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Report on Seminar on Women's Health & Hygiene

Venue: Room No. 14

Date: 12th Sep, 2022

No. of Students: 195

On September 12, 2022, a Seminar on Women's Health & Hygiene was organized by the Women Development Cell in Room 14. The seminar aimed to raise awareness about important health and hygiene issues affecting women and to provide valuable insights into maintaining optimal health and hygiene practices. A total of 195 students participated in the seminar, highlighting the significant interest and concern among the student community regarding women's health and hygiene. Their active engagement and participation contributed to the success of the event.

Ms. Sanyukta Keluskar, the resource person, delivered an informative presentation on various aspects of women's health and hygiene. She covered topics such as menstrual health, personal hygiene practices, reproductive health, and common health issues faced by women. Her expertise and insights provided valuable guidance to the attendees. At the end the vote of thanks was given by Asst. Prof. Komal Kamra.

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Resource Person Addressing the Students on Health



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Report on Seminar on Prevention of Sexual Harassment of Women

Venue: Room No. 208

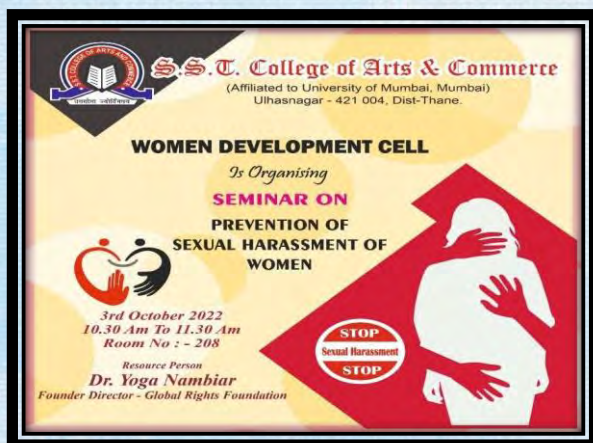
Date: 3rd Oct, 2022

No. of Students: 86

Resource Person: Dr. Yoga Nambiar (Founder & Director: Global Rights Foundation)

On October 3, 2022, the Women Development Cell organized a seminar on the Prevention of Women from Sexual Harassment in Room No. 208. A total of 86 participants attended the seminar, reflecting the significant interest and concern among individuals regarding the issue of sexual harassment against women. Dr. Yoga Nambiar, the founder and director of the Global Rights Foundation, served as the resource person for the seminar. She delivered an insightful presentation on the various forms of sexual harassment, its impact on victims, and the legal and institutional mechanisms available for prevention and redressal. Her expertise and experience provided valuable guidance to the attendees.

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**Banner of the Seminar
with students**

**Dr. Yoga Nambiar having interaction
with students**



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Report on Seminar on EMPOWERMENT OF CITIZENS THROUGH LEGAL AWARENESS

Venue: Room No. 208

Date: 24th Nov, 2022

No. of Students: 76

Resource Person: Mr. Raj Asronkar (FOUNDER: KAYADYANE VAGA LOK CHALWAL)

On November 24, 2022, the Women Development Cell organized a seminar on "Empowerment of Citizens through Legal Awareness" in association with the Ministry of Women & Child Development. A total of 76 participants attended the seminar, reflecting the significant interest and concern among citizens regarding legal empowerment.

Founder of Kayadyane Vaga Lok Chalwal, Mr. Asronkar shared insights into grassroots activism and community mobilization for legal empowerment. Chairperson of the Child Welfare Committee, Ms. Baisane discussed child rights and the legal mechanisms for their protection. Panel Advocate of the District Law Authority, Thane, and Advocate Powel provided information on legal procedures and avenues for redressal. District Women & Child Development Officer, Thane, Ms. Jadhav highlighted government initiatives and support systems for women and children. Journalist from Navakal, Mr. Kedare shared insights from his reporting on legal issues and the media's role in promoting legal awareness. The vote of thanks was given by Asst. Prof. Sneha Gupta.



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WOMEN DEVELOPMENT CELL
In association with
Ministry of Women and Child Development
Organizes
Seminar on
Empowerment of Citizens Through Legal Awareness
Resource Persons:
Mr. Raj Asronkar
Founder, Kaydyane Vaga Lok, Chafwal

Rani Baisane
Chairperson, Child Welfare Committee, Thane

Adv. Ushakiran Powel
Panel Advocate
(District Law Authority, Thane)

Prafull Kedare
Journalist, Navakar

Chief Guest:
Mr. Motichand Rathod
Assistant Commissioner of Police,
Uthanesgar

Guest of Honor:
Ms. Suvarna Jadhav
District Women and Child
Development Officer, Thane

Dr. J. C. Purswani
Founder & Principal of SST College

Date: 24th Nov, 2022 **Time: 11.00 am**
Venue: S.S.T. College in Class Room no.208



Banner of the Seminar attendees

Resource Person Mr. Raj Asronkar addressing



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Report on Seminar on PCOD (POLYCYSTIC OVARIAN DISEASE)

Venue: Room No. 208

Date: 11th January, 2023

No. of Students: 116

Resource Person: Dr. Simran Choitramani

On January 11, 2023, the Women Development Cell organized a seminar on Polycystic Ovarian Disease (PCOD) in Room # 208. The seminar aimed to raise awareness about PCOD, its causes, symptoms, and management strategies, with a focus on empowering women with knowledge about their reproductive health. A total of 116 students attended the seminar, indicating a significant interest among participants in learning about PCOD and its implications for women's health. The resource person Dr. Simran Choitramani covered various aspects such as its causes, symptoms, risk factors, and diagnostic methods. The seminar concluded with closing remarks, thanking the speakers, panelists, and participants for their active involvement and contributions by Asst. Prof. Harshada Darekar.



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Ulhasnagar -421004, Dist - Thane

WOMEN DEVELOPMENT CELL

Organizes
Seminar on
“PCOD”
(Polycystic Ovarian Disease)

Resource Person:
Dr. Simran Choithramani
Passionate Health Clinic
on:- 11th January, 2023 at 11 AM
in Room # 208.

Banner of the seminar



Dr. Simran Explaining about PCOD



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Report on Seminar on Balancing Life Through Meditation

Venue: Room No. 208

Date: 12th January, 2023

No. of Students: 82

Resource Person: Mr. Ravi Makhijani

On January 12, 2023, the Women Development Cell of SST College of Arts & Commerce organized a session on "Balancing Life through Meditation" in Room No. 208. The session aimed to enlighten participants about stress management techniques and promote the practice of meditation as a means to achieve balance and well-being in life. A total of 82 participants attended the session, demonstrating a keen interest in learning about stress management and meditation techniques. Mr. Ravi Makhijani, a public speaker and meditation consultant, served as the resource person for the session. He delivered an enlightening presentation on stress management techniques and the benefits of meditation in promoting mental and emotional balance. The vote of thanks was given by Asst. Prof. Aakash Jawrani.



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WOMEN DEVELOPMENT CELL
Organizes
Seminar on
**“Balancing Life Through
Meditation”**

 Resource Person:
Mr. Ravi Makhijani
Outreach Speaker on Meditation
on:- 12th January, 2023 at 11 AM
in Room # 208.

Banner of the seminar



Students practicing Meditation



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Report on Seminar on Stand Up Against Street Harassment

Venue: Room No. 208

Date: 13th February, 2023

No. of Students: 106

Resource Person: Shri Madhukar Pathariya (Director SALAAH Organisation)

On February 13, 2023, a campaign titled "Stand Up Against Street Harassment" was organized in Room No. 208. The campaign aimed to raise awareness about the prevalence of street harassment and empower individuals to take a stand against it, promoting safer public spaces for all. A total of 106 students participated in the campaign, demonstrating a strong commitment to addressing the issue of street harassment. Resource Person Mr. Pathariya (Director SALAAH Organisation) delivered a compelling presentation on the various forms of street harassment, its impact on victims, and strategies for bystander intervention. Mrs. Naik from Maharashtra Mahila Sangh, shared her experiences and insights into the socio-cultural factors contributing to street harassment and advocated for collective action to combat it.



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Resource Person Mr. Madhukar Pathariya while explaining the techniques to fight against street harassment



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Report on Seminar on Women's Day Celebration

Venue: Room No. 208

Date: 8th March, 2023

No. of Participants : 36

Resource Person: Asst Prof Padmavati Deshpande

Women Development Cell of SST College of Arts & Commerce, Ulhasnagar, organized a seminar on Women Empowerment On 8th March, 2023 at Room No. 208 for all the women parents of our students, (On account of the Women's Day Celebration). A Seminar on Women Empowerment-Sashaktikaran (Awaking the power within)

In celebration of International Women's Day, the seminar focused on women's empowerment. The event aimed to engage and empower the lady parents of our students, recognizing their vital role in shaping the future generation. Assistant Professor Padmavati Deshpande spearheaded the seminar, followed by Assistant Professor Harshada Darekar, who led engaging activities to foster a sense of community and celebration.



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**Mothers of girl students with the
team members of Women
Development Cell**

**Resource Person Asst. Prof.
Padma Deshpande, WDC & the
Mothers of girl Students**

