



S.S.T. College of Arts & Commerce

Affiliated to University of Mumbai

WOMEN DEVELOPMENT CELL

2021-22



S.S.T. College of Arts & Commerce

(Affiliated to University of Mumbai, Mumbai)



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List of activities for the year 2021-22

Sr. No	Name of the activity	Date of the Activity	Number of students participated
1	Online session on women's Safety Rights	11.08.2021	57
2	Webinar on RBI Guidelines	16.09.2021	68
3	Online session on Spiritual Upliftment through Meditation	15.12.2021	70
4	Rangoli Competition - (Different roles of Women)	10.01.2022	25
5	Seminar & Poster making competition on Women Achievers	20.01.2022	60
6	Seminar on Women Nutrition	25-02-2022	57
7	Clay Modeling Competition	01-03-2022	10
8	Seminar on "Women Empowerment"	08-03-2022	60



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Report on

Online Session on Women's Safety Rights

Venue: Google meet

Date: 11th August, 2021

Staff participated : 57

Women Development Cell organized an Online session on “ Women Safety Rights” on 11th August, 2021 at 11.00am.

The Resource person Adv. Sunil Shah took the session & guided the participants about various laws. He made students understand the importance of Women Safety.

Women have the right to be free from violence, harassment and discrimination and removing the barriers of an unsafe environment can help women fulfill their potential as individuals and as contributors to work, communities and economies.

He further clarified all the queries asked by the participants. The event was appreciated by the participants.



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Report on “Webinar on RBI Guidelines”

Resource Person: Smt. Radhadevi Tamang Assistant Manager RBI

Venue: Virtual Platform

Date: 16th Sep 2021

No of Participants: 68

On 16th September 2021, a webinar on RBI Guidelines was conducted on a virtual platform. The webinar aimed to disseminate crucial information regarding the guidelines issued by the Reserve Bank of India (RBI) and their implications for various stakeholders in the financial sector.

During the webinar one of the college students introduced our guest to the participants. The Speaker, Smt. Radhadevi Tamang, gave a speech on RBI History and made the participants learn how to open a bank account and how to secure your bank account. Students also got information about how the notes are printed and how they are updated. The webinar comprehensively covered topics ranging from understanding the rules and regulations governing the realization of export proceeds to the nuances of opening and securing bank accounts, navigating third-party payments, managing EEFC (Exchange Earners Foreign Currency) accounts, facilitating documents dispatch, and exploring procedures for extension of time.



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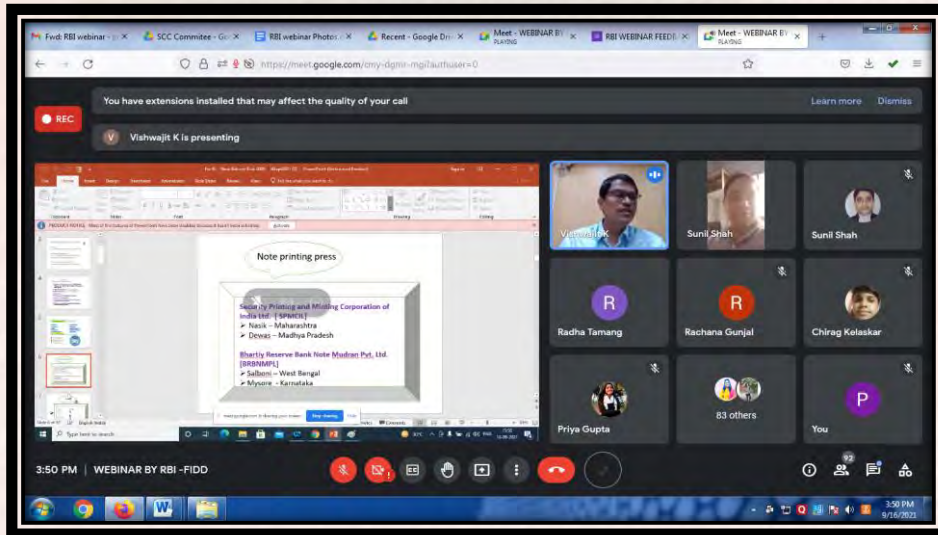


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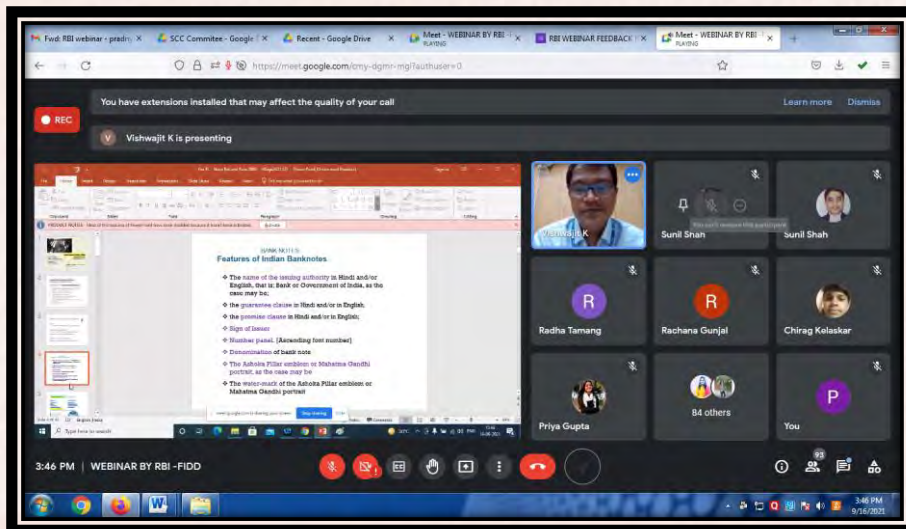


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Glimpses:



Vishavjeet k. explaining notes printing press



Vishavajeet K. presenting ppt to students



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Report on Webinar on “Spiritual Upliftment through Meditation”

Venue: Virtual Platform

Date: 15th December, 2021

No of Participants: 70

Resource Person: Mr. Ravi Makhija, Prominent Speaker from Sawan Kirpal Ruhani Mission

On 15th December 2021, an online session focusing on "Spiritual Upliftment through Meditation" was conducted via Google Meet. The session aimed to provide participants with insights and practical techniques for achieving spiritual growth and inner peace through meditation. The Resource person Mr. Ravi Makhijani, created awareness about the importance of spirituality in our challenging lives.

An interactive discussion ensued, providing participants with the opportunity to share their experiences, ask questions, and seek clarification on meditation practices and their spiritual journey. The session helped all to develop qualities of empathy, using affirmations, letting go of attachments and finding inner peace. Students became aware about acceptance or manifesting good things.

Glimpses:



Resource Person: Mr. Ravi Makhija



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Report on Rangoli Competition (Different roles of women)

Venue: SST College of Arts & Commerce College Campus

Date: 10th January, 2022

Students participated : 25

WDC organized a rangoli competition on 10th January in college campus, in which women and students participated very well and expressed feelings of anger, exploitation, sorrow, happiness through their Rangoli. Beautiful patterns were created on the floor using coloured rice, flowers, coloured sand or paints by the students. They have showcased their skills and talent in Rangoli and grabbed the opportunity to speak about various problems faced by the women/ girls in society.

It was indeed a reflection of all colors of women's lives.

Glimpses



Students making Rangoli



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Report on Poster making competition - Women Achievers

Venue: College Campus

Date: 20th January, 2022

Students Participated: 60

**Resource Person: Mrs. Meena Sonde, a social activist cum Head of a Women NGO
“DRISHTI”**

Women Development Cell of SST College of Arts and Commerce organized a poster making competition on 20th January, 2022. The event was open for participation for all the students.

The chief guest cum speaker Mrs. Meena Sonde, a social activist and founder of NGO “DRISHTI” inaugurated the event & spoke about women achievers of our town. The students expressed their views and thoughts by drawing, writing slogans and quotes. This activity was kept to create an awareness as well as it was organized to explore and encourage creativity in students and offer them a platform to showcase their skills. Best poster was displayed in college premises to encourage students to showcase their talent & to give a message to society regarding the theme ‘Women Achievers’.



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Glimpses:



Mrs. Meena Sonde while addressing the students

Student Volunteer of WDC offering vote of thanks



Award Winning Posters of Women Achievers



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Report on Seminar on “Women Nutrition”

Venue: Room No: 14

Date: 5th March , 2022

Staff participated : 57

Resource Person : Mrs. Simran Choithramani (A renowned Nutritionist)

Women Development Cell organized a Seminar on “Women Nutrition” on 5th March, 2022 at SST College of Arts & Commerce in Room No: 14 at 11.30am . The resource person Mrs. Simran Choithramani (A renowned Nutritionist) took the session & guided the participants about nutrition & its importance in women’s life.

She also guided on various easy tips of healthy & timely eating habits. She also gave tips on maintaining healthy & glowing skin.

Glimpses:



**The resource person Dr. Simran
Choithramani Addressing Students about
“Women Nutrition”**

**Students attending the Seminar on
“Women Nutrition”**





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Report on Clay Modeling Competition

Person In Charge: Asst. Prof. Komal Kamra.

Venue: Room no. 11

Date: 6th March, 2022.

No of Participants: 10

WDC in association with the Department of BMS, S.S.T College of Arts and Commerce, Ulhasnagar, organized a CLAY MODEL CONTEST on 29th from 10:30 AM onwards in Room No. 11. In which 11 participants took part and showed their art & craft talent by making creative models from clay. Participants got good practice by executing their creative ideas in a simplified manner.

WINNERS OF CLAY MODELING :

1st Rank - Samadhan Bagul (FYBMS)

2nd Rank- Amisha Menghani (TYBMS)



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Glimpses:



Idols made by the students who participated in the Clay Modeling Competition.

Ganesha Idol made by the students in the Clay Modeling Competition.

