



S.S.T. College of Arts & Commerce

Affiliated to University of Mumbai

WOMEN DEVELOPMENT CELL

2019-20



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Activities done by Women Development Cell during 2019-20

Sr. No.	Name of the Activity	Organizing Unit/ Agency/ Collaborating Agency	Year of the Activity	Date of the Activity	No. of students Participated
1	seminar on 'Property rights and laws' related to Women Welfare'	WDC	2019-2020	08.08.2019	40
2	Seminar on Cyber Crime: (Bullying & Morphing)	WDC	2019-2020	09.09.2019	44
3	Seminar on Self Defence	WDC	2019-2020	24.09.2019	46
4	Seminar on Sexual Harassment of Women	WDC	2019-2020	03.10.2019	138
5	Swachhata Abhiyan	WDC & DLLE	2019-2020	07.12.2019	19
6	HIV Awareness & Medical Insurance for TRANSGENDER Community	WDC	2019-2020	07.01.2020	15
7	Sanitary Pads Distribution in Tribal Areas	WDC	2019-2020	16.01.2020	30
8	Distribution of Food & Clothes to Widows	WDC	2019-2020	26.02.2020	13
9	Women's Day: Back to Bachpan	WDC	2019-2020	09.03.2020	51
10	Poster Making Competition (Lady Heros)	WDC & DRISHTI	2019-2020	10.03.2020	22



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Report on Inaugural Ceremony

Objectives:

1. To guide female students about the laws related to their development and welfare.
2. To generate awareness about property rights.

Outcomes:

1. Female students attained knowledge regarding the property rights and laws related to Women Welfare.
2. This activity shared comprehensive guide to women's legal rights

Venue: SST College of Arts & Commerce (College Campus)

Date: 8th August, 2019

Students participated : 42

Resource Person: Adv. Sunil Shah

Inaugural Ceremony of Women Development Cell was organised on 8th August, 2019 for the academic year 2019-20 with a seminar on 'Laws related to Women'. The resource person, Adv. Sunil Shah imparted knowledge to participants about the laws pertaining to the family rights, property rights, freedom, and court laws. The seminar was attended by 42 female students and female staff members.

WDC coordinator Neha Telani, with other members namely, Varsha Savlani, Neha Singh, Punam Bhagul, Rajni Kuche, Deepa Agarwal, Bhavika Mulchandani organised and managed the event.



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Glimpses:



**Students attending the Seminar on
'Laws Related to Women'**

**Asst. Prof. Namrata Singh giving
an introduction about the Women
Development Cell.**





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Report on Cyber Crime: Bullying and Morphing

Objectives:

1. To create alertness in female students about cons of social media platforms.
2. To guide them for remedial measures in case of Cyber Crime: Bullying and Morphing if any.

Outcomes:

1. The session was an eye opener flooded with information and guidance related to cyber crime.
2. Remedial measures developed confidence and a clear vision in the students mind.

Venue: SST College of Arts & Commerce (College Campus)

Date: 9th September, 2019

Students participated : 44

Resource person: Ms. Kajal Vaidya,

On behalf of the Women Development Cell, a special seminar was organised for female students as well as teaching and non-teaching staff on “Cybercrime: Bullying and Morphing” with an objective to increase the awareness about cyber bullying and the darker side of social media.

She spoke about issues faced by females in terms of cyber security and explained how these females can avail justice. She highlighted how there are various cyber laws that can protect women from bullying and morphing in the cyber world. The seminar was attended by 51 students.

This seminar helped the girls be educated about the know-how of a social media account and what goes around behind the curtains of the virtual world. They gained new knowledge about how they could identify and report abuse, if they ever come across it.



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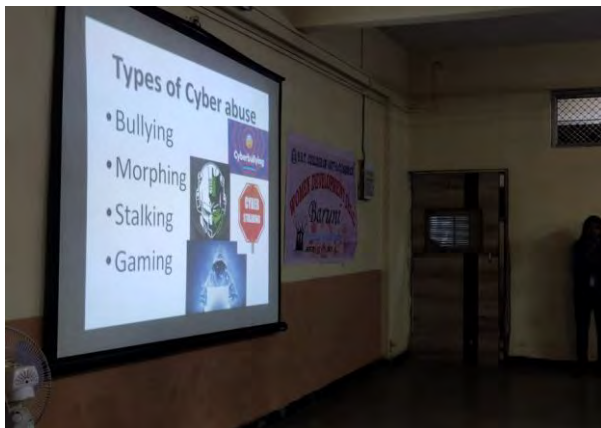
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Kajal Naik Vaidya, Trainer Digital Sanskar, Chembur :

“I was invited as a Resource Person by SST College, Ulhasnagar to take a session on 'Cyber abuse and security' for their Women Development Cell and Internal Complaint Committee.

The issue is so close to our lives, still there is very little awareness about the same. I really felt that today's youth really requires to be way much conscious about their shares on social media platforms. I spoke about cyber bullying, stalking, morphing, and gaming. I love being in this role of a trainer or a facilitator. Especially with youths, it becomes so challenging to let them accept something new to them. Initially, maybe they won't take interest in your discussion but later they might make you learn something new. The students were so happy to know about the topic and training was very much impactful. Very happy to share this and would love to get better and better.”

Glimpses:



Resource person Ms. Kajal Vaidya, training the students



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Report on Seminar on Self- Defence Techniques

Objectives:

1. To encourage & empower female students.
2. To build self confidence and fearlessness in the female students .

Outcomes:

1. Students understood the importance of self-defence techniques and took a resolution to learn them for their safety.
2. Female students felt energetic and bold after attending the session.

Venue: SST College of Arts & Commerce (College Campus)

Date: 24th September, 2019

Students participated : 46

Resource Person:Mr. Govind Kumar Singh,

The Women Development Cell of SST College of Arts and Commerce, organised a seminar on security and self-defence techniques for women in order to raise awareness among women about their safety and self-reliance. The seminar lasted two hours.

The programme was attended by 44 students from all academic disciplines. Mr. Govind Kumar Singh, addressed the students and encouraged them to express their opinions about possible victims of sexual and domestic violence, such as "the woman who fights against the violence or the one who silently lives through it." Many students came forward to share their thoughts as a result of this endeavour.



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Report on Seminar on “Prevention Against Sexual Harassment of Women

Objectives:

1. To create awareness about Sexual Harassment of women and create alertness about signs of danger of attacks.
2. To guide about how to react in such circumstances.
3. To guide about the available legal support for women, also NGOs which support fighting against such cases.

Outcomes:

1. Girls learnt how to tackle physical assault confidently when no one is around to protect them.
2. They also gained information about the laws as well as the NGOs working on such issues.

Venue: SST College of Arts & Commerce

Date: 3rd October, 2019

Students participated : 138

Resource Person: Ms. Yoga Nambiar,

Women Development Cell of SST College of Arts and Commerce organized a seminar on “**Prevention Against Sexual Harassment of Women**”.

The seminar was conducted by a well-renowned doctorate degree holder and a transgender, Ms. Yoga Nambiar, running a NGO for transgenders who are made victims by the society.

The resource person, Ms. Nambiar began the session by guiding the girl students about the good or the bad touch and how to recognize anti-social people around them.

Ms. Nambiar shared information about laws relating to such issues and the NGOs working for these causes. 138 girl students attended and gained invaluable information from this seminar.

The session was profoundly informative and unique.



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Glimpses of the Session:



**Students attending the Seminar on
Prevention of Sexual Harassment**

**Dr. Yoga Nambiar, addressing the
students about the Prevention Against
Sexual Harassment**





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Report on Swachhata Abhiyan

Objectives:

1. To inculcate the values of cleanliness and hygiene in students and make them socially responsible citizens.
2. To develop a habit of regular cleaning and proper disposal of waste.

Outcomes:

1. The activity enhanced public health, reduced plastic waste and improved local level municipal engagement.
2. The activity also developed a team spirit amongst the participants.

Venue: Ulhasnagar Municipal Hospital , Ulhasnagar-421004

Date: 7th December, 2019

Students participated : 19

Swachhata Abhiyaan was organised by our college (WDC & DLLE Committee) in association with Govt. Maternity Home and Hospital on 7th December, 2019 in which 19 students had participated.

They cleaned the Ulhasnagar Municipal Hospital and this activity is the social initiative taken up by the management of our college to enhance hygiene standards. The movement has helped in cleaning up the hospital and helped the hospital authorities to maintain the hygiene.



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Glimpses:



Receiving letter of appreciation from Hospital Management

Cleaning done by our students as a part of Swachhata Abhiyaan





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Report on HIV Awareness & Medical Insurance for Transgender Community

Objectives:

1. To create awareness about HIV amongst Transgender Community.
2. To guide and help them in getting MEDICAL INSURANCE.

Outcomes:

1. The members of ASMITA SAHYOG FOUNDATION were guided thoroughly and were provided with a medical insurance policy by HDFC ERGO with the help of WDC members.
2. The activity generated a sense of gender equality and care as a common person of society.

Venue: ASMITA SAHYOG FOUNDATION, SHAHAD

Date: 7th January, 2020

Students participated : 15

TRANSGENDER community is deprived and exploited in India. They face challenges and problems in every walk of life. They undergo emotional and physical trauma. One of the risks that they face is getting HIV positive. By keeping their pains & problems in mind, WDC arranged a visit to ASMITA SAHYOG FOUNDATION, SHAHAD, an NGO run by Ms. Neeta Kene, a transgender on 7th January 2020 at 11 am, to guide them about HIV and the importance of medical insurance.

Ten members from WDC assembled at college campus and went to ASMITA SAHYOG FOUNDATION, SHAHAD. We took a session on HIV awareness. One of the transgendered person, Ms. Ravina, signed up for medical insurance on the spot with HDFC ERGO with the help of our team (Policy Details Enclosed).

The members of ASMITA SAHYOG FOUNDATION were guided thoroughly and were provided with a medical insurance policy by HDFC ERGO with the help of WDC members.



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Glimpses:



HIV Counselling



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Report on Sanitary Pads Distribution in Tribal Areas

Objectives:

1. To increase awareness among women on Menstrual Hygiene
2. To spread awareness about sanitary pads.

Outcomes:

1. Created awareness about health and hygiene among tribal women.
2. Created awareness about sanitary pads & safe disposal of Sanitary Napkins in an environmentally friendly manner.

Venue: Tribal Area, Dwarli

Date: 16th January, 2020

Students participated : 30

On 16th January, 2020 Women Development Cell of SST College of Arts and Commerce distributed sanitary pads to the poor and tribal women and explained how to take care of their hygiene during menstruation. This information was given by Manisha Warungase, Chairperson, Women Development Cell. Asst. Prof. Rajni Kuche and Asst. Prof. Smita Jagtap and WDC Volunteers were also present. The activity was completed successfully by distributing baby diapers, biscuits and chocolates to the kids of the tribal people.



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Glimpses:



Asst. Prof. Smita Jagtap
distributing Sanitary Napkins to
Tribal Woman

Women Development Cell along with the
Volunteers and Tribal People of Dwarli



Distribution of Sanitary Napkins to
tribal women



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Report on Distribution of Food & Clothes to Widows

Objectives:

1. To share the burden of society's needy groups.
2. To inculcate a habit of sharing among students.

Outcomes:

1. The activity brought a smile on the faces of the widows & needy who received food & clothes.
2. This social act of kindness was appreciated by all.

Venue: Village Paushe Pada

Date: 26th February, 2020

Students participated : 13

Widows and poor people often face numerous challenges and problems in life apart from lack of monetary resources.

To at least reduce the financial strain on such people, the WDC of SST College of Arts and Commerce, in association with a local NGO - Resham Seva Mandal, arranged a visit to a village - PAUSHE PADA on 26th February, 2020 at 11:00 am to distribute food and clothes to widows and needy people of the area.

We were able to serve approximately 90 people. It was a very healing experience indeed. The activity brought a smile on the faces of the widows & needy who received food & clothes.



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Glimpses



WDC & Resham Seva Mandal Food, Clothes & Books to Widows and needy students.



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Report on Women's Day: Back to Bachpan (THE CHILDHOOD MEMORIES)

Objectives:

1. To give freedom to the women to relive a day of their CHILDHOOD.
2. To give a day of freedom as a child to the participants.

Outcomes:

1. Women were able to relive their childhood moments.
2. They enjoyed & shared experiences of how they felt by participating in various childhood games after being a mother.

Venue: SST College Of Arts & Commerce (College Campus)

Date: 9th March, 2020

Students participated : 51

The Women Development cell of SST College of Arts & Commerce came up with a unique initiative called "Back to BACHPAN" to celebrate International Women's Day on 9th March, 2020. The objective was to allow mothers to share, laugh and have fun by playing games and participating in various activities.

The main attraction of this event was to invite mothers of college students, arrange different games and activities for them so that they could relive their childhood phase, recall the memories and feel more than just a mother. These mothers visited our SST College as their "Mahervashin".

The event "Back to BACHPAN" featured childhood games such as lemon spoon, musical chair, bucket ball, powder race, etc. These childhood games were played with great enthusiasm which resonated in the atmosphere.

Many women gave positive feedback. Their feedback conveyed that they missed their childhood sometimes and it was through SST College's "Back to BACHPAN" program that they were able to relive some of its moments. Some women felt that they had never received a medal in their life until that day.



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Students were cheering for their mothers as they played various games. All the women who came were honoured with Medals. The winning women were honoured with trophies and the grandmother who participated in all the competitions were honoured with Paithani Saree.

Parents Feedback:

1. **Mrs. Jyoti Rastogi-** I had lost my childhood somewhere but it was revived through SST College's "Back to BACHPAN" program.
2. **Mrs. Kalpana Narvekar-** I have never received a medal in my life, but I got it today because of SST COLLEGE.
3. **Mrs. Anita Yadav-** I am very happy to win Paithani Saree. It was a very nice program arranged by SST College and we will participate every year.

Glimpses:



Honourable Chairman & Founder Principal Dr. J. C. Purswani of SST College, and IQAC Coordinator, Dr, Khusbhu Purswani.

Parents with Trophies won in Games organised by SST College of Arts & Commerce.





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Report on Poster Making Competition on Theme “ Lady Heros”

Objectives:

1. To create awareness about lady heroes
2. To encourage poster making skills among participants.

Outcomes:

1. Participants portrayed the concept of lady heroes beautifully..
2. A tribute & appreciation too was offered to lady heroes of our nation .

Venue: College campus

Date: 10th March, 2020

No. of participants : 22

Women Development Cell in Association with DRISHTI Foundation, Ulhasnagar, organised a Poster Making Competition on Theme “ Lady Heros” on 10th March, 2020 at College campus at 10:30 am., to appreciate lady heroes who have contributed to society in one or the other way .

DRISHTI Foundation is a local NGO led by Mrs. Meena Sonde, a social activist who works for women welfare & organises various competitions, celebrates various festivals & many more events. WDC in tie up with DRISHTI organises at least one event every year with them.

In this Poster Making Competition on Theme “ Lady Heros” highlighted & gave tribute to the lady heroes of our nation who have contributed to social & economic growth.



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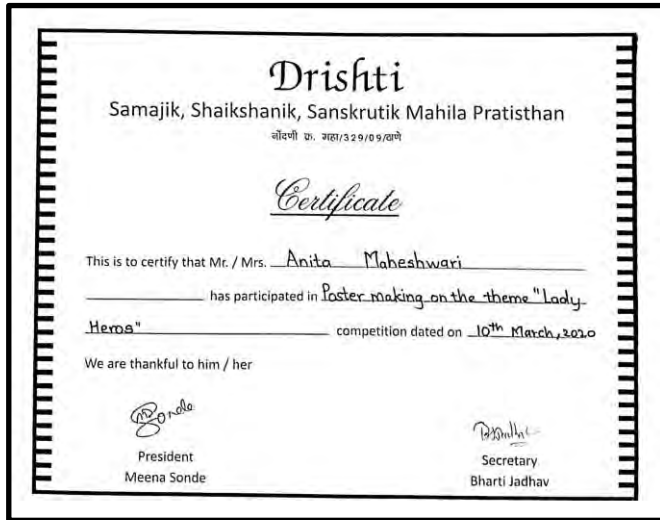


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Glimpses:



Students of SST College certified by Drishti Foundation who participated in the Poster making Competition on the Theme "Lady Heros".