



S.S.T. College of Arts & Commerce
Affiliated to University of Mumbai

WOMEN DEVELOPMENT CELL

2018-19



S.S.T. College of Arts & Commerce

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Activities done by Women Development Cell during 2018-19

Sr. No.	Name of the Activity	Organising Unit/ Agency/ Collaborating Agency	Year of the Activity	Date of the Activity	No. of Students participated
1	Workshop on Self Defense Techniques	WDC	2018-2019	31.07.2018	65
2	Teej Festival Celebration	WDC	2018-2019	03.08.2018	50
3	Project ANAND	WDC & DLLE	2018-2019	22.09.2018	51
4	Seminar on Security of Women	WDC	2018-2019	09.10.2018	40
5	Seminar on Diabetes- Causes & Cures	WDC	2018-2019	27.10.2018	62
6	Seminar on “Laws related to Women Welfare”	WDC	2018-2019	03.11.2018	39
7	Celebration of International Women’s Day	WDC	2018-2019	08.03.2019	80
8	Poster Making Competition (Equality)	WDC & DRISHTI	2018-2019	09.03.2019	25



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Report on Workshop on Self Defense

Objectives:

1. To empower women with the knowledge of Self-Defense Techniques
2. To enable them to defend against any type of physical assault

Outcomes:

1. The seminar generated self confidence among the participants.
2. Participants also learnt the importance of Self-Defense Techniques

Venue: SST College of Arts & Commerce (College Campus)

Date:31st July, 2018

Students Participated : 65

Chief Guest : Dr. Khusbhu Purswani Madam, Dr. Gunjeet Pascharia Madam & NSS

Coordinator Asst. Prof. Jeevan Vichare Sir

Women Development Cell of SST College of Arts & Commerce organized Workshop on Self Defense on 31st July, 2018 at SST College of Arts & Commerce (College Campus)

Event was witnessed by the Chief guest Dr. Khusbhu Purswani Madam (IQAC Coordinator) & Dr. Gunjeet Pascharia Madam (Academic Coordinator). In this seminar, the instructor (District Level) NSS Coordinator Cum Asst. Prof. Jeevan Vichare Sir & his team demonstrated different self-defence techniques which were simple & easy to implement, yet effective in times of adverse situations.

62 students participated in this workshop and took advantage of the same.



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Glimpses:



Demonstration of different self-defense techniques by the instructor.



Chief guest Dr. Khusbhu Purswani Madam (IQAC Coordinator) & students attending the



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Report on Teej Festival

Objectives:

1. To motivate students to showcase their talent – Art of mehndi
2. To pass on our Indian culture to the next generations.

Outcomes:

1. This activity created a positive relationship management via expression of Indian art & culture.
2. All this created an environment of thrill & joy.

Venue: SST College of Arts & Commerce (College Campus)

Date: 3rd August, 2018

Students participated : 50

Women Development Cell of SST College of Arts & Science organized Teej Festival on 3rd August, 2018, at SST College of Arts & Commerce (College Campus), to give an opportunity to the students to showcase their talent & celebrate the festival simultaneously.

In this festival students participated in Mehndi competition, this competition helped to showcase and enhance the Mehndi skills among students as well as dance and fun related activities which was enjoyed by each and everyone.



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Glimpses :



On the occasion of Teej Festival students showcasing Mehndi Skills.



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Report on PROJECT ANAND

Objectives:

1. Correct use of money realising out of scrap sale.
2. To give a helping hand to the needy.

Outcomes:

1. The money received from scrap & waste was used to supply essentials to the underprivileged.
2. The activity developed a sense of responsibility amongst all of us to fulfill our social responsibilities even with the help of sale of scrap.

Venue: SST College of Arts & Commerce (College Campus)

Date: 22nd September, 2018.

Students participated : 51

The WDC & DLLE committee of SST college of Arts & Commerce organized Project Anand which was inaugurated on 22nd Sept., 2018, by our Founder Principal Dr. J. C. Purswani.

The Project was to collect the scrap & things not in use and sell those and the amount which the committee received was donated to Orphanage at the time of Diwali so that they could enjoy the festival of lights.

In this project nearly 51 students took an active part. The Project was to spread happiness amongst orphans & that's why the Project was named as Anand.

We would like to thank the management and the college authorities for giving us this opportunity and permission to start this project.



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Glimpses :



**Dr. J.C. Purswani
motivating the students
for Project Anand**

**DR. J.C. Purswani
inaugurated the Project
Anand**





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Report on Seminar on Security of Women

Objectives:

1. A continuous effort to inculcate a habit of self-awareness among women.
2. To develop a sense of self dependency in case of safety & security.

Outcomes:

1. Participants were guided to put their continuous efforts to protect themselves.
2. Participants were boosted up with confidence due to knowledge they received.

Venue: SST College of Arts & Commerce (College Campus)

Date: 9th October, 2018

Students participated : 40

Women Development Cell aspires to empower the girl students and make them self-reliant who will build a self-reliant community. Their self-worth and future prospects are not linked to how hard they fight back or choose. Women can bring in change and their commitment can strengthen the democratic fabric of our nation.

Keeping in mind all these aspects, to support this, a seminar on the Security of Women was conducted by the WDC unit on October 9th 2018, in Room No: 208.

Through this seminar, Adv. Nirmala Mehtre motivated the participants Not to stop fighting in order to save their lives while facing a violent situation.



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Glimpses:



Adv. Nirmala Mehetre addressing students about safety & security.

SST College students attending the seminar on Security of Women





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Report on Seminar on Diabetes – Causes & Cures

Objectives:

1. To create awareness about the role of insulin in curing diabetes.
2. To guide a balanced diet for diabetics.

Outcomes:

1. Participants got knowledge of a right & healthy lifestyle
2. The seminar eliminated the fear of Diabetes as easy tips were shared by the Speaker to control it.

Venue: SST College of Arts & Commerce (College Campus)

Date: 27th October, 2018

Students participated : 62

For creating awareness about the causes and cures of Diabetes, a Seminar was organized in SST College of Arts and Commerce on 27th October, by the WDC unit. In this Seminar Dr. Sandeep Singh gave a review on Diabetes Type I & II and the status of research in the field. This seminar also focused on developments from the past five years that highlight the heterogeneity and complexity of the disease.

Causes and cures were discussed by Dr. Sandeep & he also insisted on educating the community towards lifestyle choices. He also thanked the College and Management for organizing such a seminar. This seminar was a grand success.



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Glimpses:



Dr. Sandeep Singh Demonstrating exercises to cure diabetes in the Seminar



Students attending the seminar on Diabetes – Causes & Cures



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Report on Seminar on Laws related to Women Welfare

Objectives:

1. To enhance the knowledge about Laws relating to Women Welfare which they are not aware of.
2. To motivate females to make the use of such laws in the hour of need.

Outcomes:

1. Knowledge enhancement about fundamental rights.
2. Seminar gave information about Government support to women via Laws

Report on Seminar on Laws related to Women Welfare

Venue: SST College of Arts & Commerce (College Campus)

Date: 3rd November, 2018

Students participated : 39

Resource person: Adv. Sunil Shah.

To raise awareness about different laws supporting women, a seminar was conducted on laws related to women's welfare by the WDC unit of SST College of Arts and Commerce. The Seminar was conducted by resource person Adv. Sunil Shah. In this seminar, women came to know how the Women development Cell creates awareness among female learners about different women related issues like the laws of women's rights and this council organizes various programs related to the development of the overall personality of women learners, health & hygiene awareness for them.

With a vote of thanks given by Asst.Prof. Reena Mishra the seminar was concluded.



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Glimpses:



Resource person Adv. Sunil Shah addressing female students about Laws related to Women



A Seminar on Laws related to Women Welfare was held successfully



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Report on Women's Day Celebration

Objectives:

1. To raise awareness about the status and dignity of women among the students.
2. To give an opportunity to female students & staff to celebrate Women's Day with joy.

Outcomes:

1. Everyone participated in games organised by the students for teachers.
2. The celebration was memorable as it was fun for all.

Venue: SST College of Arts & Commerce (College Campus)

Date: 8th March, 2019

Students participated : 80

On the occasion of International Women's Day SST College of Arts & Commerce organised a celebration on 8th March, 2019 for all female students & staff. The celebration took place at College Campus. Various games and activities such as Mehndi, nail art & lemon spoon games, etc were arranged by the students. Total number of students participating was 42.

Everyone participated in games organised by the students for teachers. The celebration was memorable as it was fun for all.



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Glimpses:



Games organised on Women Day by students for female staff & students.

Students enjoying by applying Mehndi & doing Nail Art





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Report on Poster Making Competition on Theme “Equality”

Objectives:

1. To create awareness about gender equality.
2. To generate confidence among girls of being equal.

Outcomes:

1. Participants portrayed the concept of equality clearly.
2. Equal role of women was depicted .

Venue: College campus

Date: 9th March, 2019

No. of participants : 25

Source: DRISHTI Foundation, Ulhasnagar

Women Development Cell in Association with DRISHTI Foundation, Ulhasnagar, organized a Poster Making Competition on Theme “Educate Girls” on 9th March, 2019 at college campus at 11:00 am. to encourage gender equality..

DRISHTI Foundation is a local NGO led by Mrs. Meena Sonde, a social activist who works for women welfare & organizes various competitions, celebrates various festivals & many more events. WDC in association with DRISHTI organizes at least one event every year with them.

In this Poster Making Competition on Theme “Equality” highlighted the importance of gender equality & equal role of men & women in social & economic growth.



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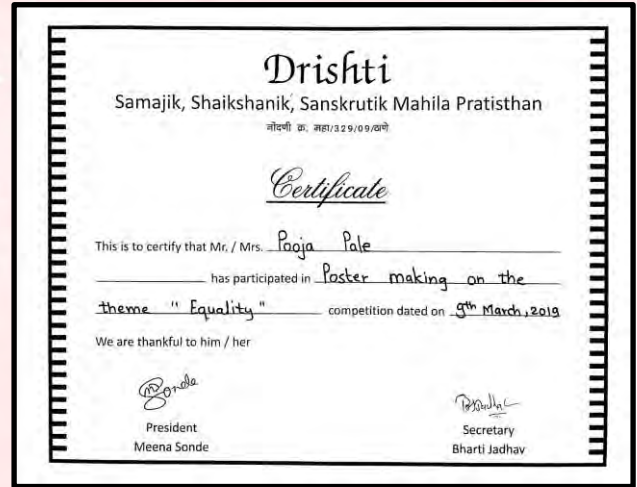
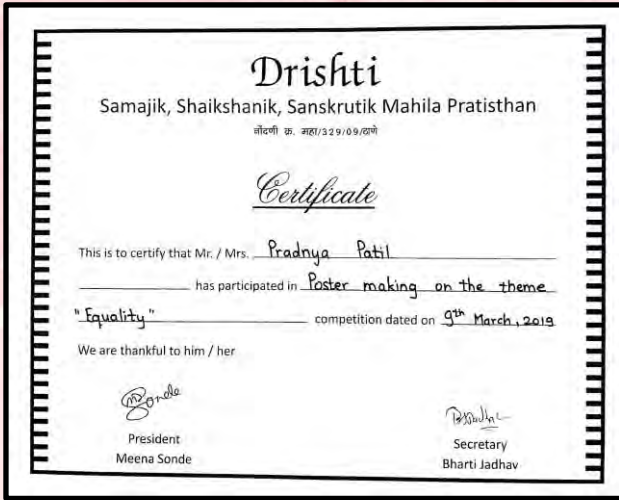


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Glimpses:



Students of SST College certified by Drishti Foundation who participated in the Poster making Competition on the Theme "Equality".