



S.S.T College of Arts & Commerce
Affiliated to University of Mumbai

WOMEN DEVELOPMENT CELL

2017-18





S.S.T. College of Arts & Commerce

(Affiliated to University of Mumbai, Mumbai)
Ulhasnagar - 421 004, Dist. Thane.

Women Development Cell

In response to the Vishaka Judgment passed by the Supreme Court in 1997, the University of Mumbai set up the 'University Women Development Cell (UWDC)' in 2001 with the key purpose of making the University a gender-sensitive space. The University also directed all its affiliated colleges to set up a 'Women Development Cell' at college level.

In compliance with these directives of the University, the Women Development Cell of SST College of Arts & Commerce was set up in the year 2013 with the name of Baruni (Goddess Durga). It is an active committee comprising of staff members and students of SST College of Arts & Commerce and functions with an aim to prevent Sexual Harassment, promote well being of all the female students and staff members and create a gender sensitized community within campus as well as in the society.

Baruni plays an important role in voicing opinions on important matters that affect the daily life of women students. They provide a platform where students can comfortably participate and share their views.

Objectives

- To promote general well-being of female students and teaching and non teaching women staff of SST College of Arts & Commerce
- To create awareness about health and hygiene among girl students.
- To create social awareness about the problems of women in general and gender discrimination in particular by means of programs like lectures, workshops and seminars.
- To develop skills among the girl students by means of workshops and training programmes for their overall personality development as well as for the encouragement of self-reliance among them.
- To create legal awareness among women by informing them about Women Welfare Laws.
- To encourage participation of NGOs working in the area of women's development in the activities of the Cell.

Members of the committee :

Convenor: Asst. Prof. Neha Telani

Members: Asst. Prof. Rajani Kuchhe
Asst. Prof. Padma Deshpande
Asst. Prof. Reena Mishra



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Activities done by Women Development Cell during 2017-18

Sr. No.	Name of the Activity	Date of the Activity	No. of students Participated
1	Breast Cancer Detection Free Camp	07.08.2017	30
2	Screening of Movie - Mary Kom	04.09.2017	51
3	Free Eyes Check Up Camp	20.09.2017	60
4	Seminar on PCOD	08.01.2018	40
5	Free medical Check up & Blood Donation Camp for Transgender Community	18.02.2018	15
6	Rangoli Competition	08.03.2018	40
7	Poster Making Competition (Educate Girls)	09.03.2018	30



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Report on Breast Cancer Detection Free Camp

Objectives:

1. To serve female staff in diagnosing Breast Cancer free of cost.
2. To create awareness about curing Breast Cancer.

Outcomes:

1. 30 females were benefitted & fortunately no one was detected positive.
2. Beneficiaries felt relieved & assured us that they will spread the information they received about Breast Cancer.

Report on Breast Cancer Detection Free Camp

Venue: College Campus

Date: 7th August, 2017

Staff participated : 30

Source: Galaxy Hospital

The awareness programme on Breast Cancer was organized by the Women Development Cell, SST College of Arts And Commerce on 07th August, 2017 at college campus at 11:00 am.

Dr. Kirti Bhushan from Galaxy Hospital defined how important it is to get detected at an early stage to be given the best & timely treatment. She highlighted the aspects of breast cancer and women who are prone to the illness. She also discussed how we could detect breast cancer early and protect ourselves from major impact. Doctor also stressed the role of students in creating awareness of facilities available for early detection and the possibility for complete cure among women especially in rural areas and explained the need to reduce female mortality.

She clarified all the queries asked by the participants. The event was appreciated by the participants.



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Glimpses:



**Breast Cancer Detection Van
outside college campus**

**SST College students with the
Galaxy Hospital Breast Cancer
detecting team.**





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Report on Screening of Motivational Movie MARY KOM

Objectives:

1. To inspire women to strive for their passion
2. To motivate them to strive hard for their dreams

Outcomes:

1. It boosted confidence in the minds of viewers.
2. The movie proved that everything is possible.
3. The movie & the debate enriched the knowledge of all.

Venue: Room no. 208

Date: 4th September, 2017

Students participated : 51

Women Development Cell in college has a great role in shaping the female students to face the challenges. Taking into consideration, the screening of motivational movie “ MARY KOM” was organized by the Women Development Cell on 4th September 2017, The function was followed by the debate on the topic ‘Women in Sports in India’.

Students learnt a lot from this activity and it was successful with the positive feedback of the students.



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Glimpses



SST College students engrossed in the screening of the movie



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Report on Eye Checkup Camp

Objectives:

1. To benefit students with free eye check-up facility.
2. To guide students how to organize such social camps.

Outcomes:

1. Students were benefited and guided for further treatment.
2. Students understood how to organize and manage such events.

Venue : SST College of Arts & Commerce (College Campus)

Date: 20th September, 2017

Students participated :60

Swami Sarvanand Hospital Ulhasnagar -5,

Eye Check -Up free Camp was organized on 20th Sept, 2017 for all SST students, under the department of WDC & DLLE in which a total number of 124 students & 60 from WDC were benefitted.

The objective of the general eye checkup was to facilitate early detection of deficiency in eye sight among the students and provide tips on caring for and protecting their eyes. The camp witnessed enthusiastic participation from the teachers & students.



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Glimpses:



Members of WDC & DLLE assisting
Eye checkup camp team

Students & staff of SST College with
Eye checkup camp team





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Report on Seminar on PCOD

Objectives:

1. To share complete & appropriate knowledge about PCOD among women.
2. To guide them for its causes and cure.

Outcomes:

1. All those who attended the seminar got correct guidance about PCOD.
2. The myths about PCOD were clarified.

Report on Seminar on PCOD

Venue: Room No: 13

Date: 8th January, 2018

Students participated: 40

The Resource Person: Mrs. Simran Choithramani

Most of the women today are facing a common problem of PCOD (Polycystic Ovary Syndrome) & they have either no knowledge or very little knowledge about the same. To create awareness for the same Women Development Cell in college organized a seminar for girl students & female staff on 8th January, 2018 at 11.30 am in Room No: 13.

The resource person Mrs. Simran Choithramani

- Professional Aesthetician
- Certified Cosmetologist
- Nutrition/Dietician
- Naturopathic Practitioner
- Trichologist
- Obesity Consultant
- Skin & Hair Expert) took the session & guided the females present there about PCOD & how to take its care.

The seminar was very much useful as it enhanced knowledge about PCOD.



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Glimpses:



SST College staff members with the resource person Mrs. Simran Choithramani.

SST College staff members & Students attending the Seminar.





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Report on Free Medical Checkup & Blood Donation Camp for Transgender Community

Objectives:

1. To provide a free medical checkup for the transgender community.
2. To create an inclusive environment for them by inviting them to the college campus.
3. To appreciate their contribution as Blood Donors in the society.

Outcomes:

1. Transgenders actively participated in the camp & donated blood to serve the society.
2. They felt inclusive and appreciated.

Venue: College Campus

Date: 19th February, 2018

Participants: 15

WDC Department in association with DLLE of SST college organized a Free Medical Checkup & Blood Donation Camp for Transgender Community.

15 Transgenders from Vithalwadi area took an active part in this camp & were benefited by free health check up & they also donated blood for the needy. This was indeed a unique experience of its kind.



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Glimpses:



Asst. Prof. Namrata Singh with Blood donors and DLLE volunteers

SST College management with transgender Community people and DLLE volunteers.





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Report on Rangoli Competition

Objectives:

1. To give female students an opportunity to express their talents by providing a safe and appreciative platform.
2. To encourage students to preserve the culture of our nation through ancient traditions and rituals.

Outcomes:

1. The female students gained confidence and found worth in the talents they hold.
2. They expressed their talent through their art form.

Venue: SST College of Arts & Commerce College Campus

Date: 8th March, 2018

Students participated : 40

To fly high with bright colors of life on International Women's Day , WDC organized a rangoli competition on 8th March in college campus, in which women and students participated very well and expressed feelings of Anger, Exploitation, Sorrow, Happiness through their Rangoli. Beautiful patterns were created on the floor using coloured rice, flowers, coloured sand or paints by the students. They have shown skills and talent in Rangoli and grabbed the opportunity to speak about various problems faced by the women/ girls in society.

It was indeed a reflection of all colors of women's lives.



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Glimpse :



**Rangoli made by the students of SST College on the occasion
International Women's Day**



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Report on Poster Making Competition on Theme "Educate Girls"

Venue: College campus

Date: 9th March, 2018

No. of participants : 30

Resource Person: DRISHTI Foundation,

Women Development Cell in Association with DRISHTI Foundation, Ulhasnagar, organized a Poster Making Competition on Theme "Educate Girls" on 9th March, 2018 at college campus at 11:00 am. to encourage girls' education.

DRISHTI Foundation is a local NGO led by Mrs. Meena Sonde, a social activist who works for women welfare & organizes various competitions, celebrates various festivals & many more events. WDC in association with DRISHTI organizes at least one event every year with them.

Poster Making Competition on Theme "Educate Girls" highlighted the importance of educating girls & their role in social & economic growth.

Glimpses



Drishti Foundation certified students of SST College who participated in the Poster making competition on the theme "Educate Girls".