



S.S.T. College of Arts & Commerce

(Affiliated to University of Mumbai, Mumbai)

Ulhasnagar - 421004

NSS Report 2017-2018

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List of Activities Conducted in the year 2017- 18

Sr. No.	Name of the activity	Name of the scheme	Number of students participated in such activities
1	Cleanliness Drive Atvarsova Beach On The Occasion Of World Environment Day	N.S.S	26
2	Celebration International Yoga Day	N.S.S	47
3	Tree Plantation	N.S.S	156
4	Nss Volunteers Orientation Programme	N.S.S	50
5	Blood Donation Camp	N.S.S	59
6	Celebration Of Independence Day	N.S.S	64
7	Celebration Of Nss Day	N.S.S	58
8	Cleanliness Drive	N.S.S	33
9	Oldage Home Visit	N.S.S	10
10	Aids Awareness Drive	N.S.S	32
11	Mahaparinirvan Divas	N.S.S	45
12	Residential Camp	N.S.S	136
13	Celebration Of Youth Day	N.S.S	45
14	Visit To Mumbai University Nss Cell Adopted Village (Mhaskal)	N.S.S	21
15	Celebration Of Republic Day	N.S.S	34
16	Celebration Of Parentines Day	N.S.S	43
17	Competitive Exam Traning Camp	N.S.S	129
18	Competitive Exam Traning Camp	N.S.S	96
19	Seminar On Competitive Exam	N.S.S	69
20	Education On Traffic Awarness (Road Safety Campaign)	N.S.S	28



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Cleanliness Drive at Varsova Beach

No. of Participant : 26

Summary Report

SST college of Arts and Commerce, NSS unit participated in cleaning of trashes at Juhu Varsova beach on the occasion of Environment day 5th June 2017. 26 volunteers participated in this social cause. This participation was initiated in collaboration with Juhu Varsova beach Association. The event started at 8 am and went on till 10.30 am. Students assisted civic body to remove the trashes. All together 4,000 kgs of trashes were removed, of which 99 per cent was plastic. It also had paper and school bags, gunny bags, cloth and other discarded items. The objective of participation in this activity is the focus on health and wellness making a start by cleaning the beach is apt. More people going outdoors and visiting spots like beaches, it becomes imperative to once again put our beaches in focus and take care of them.



NSS Volunteers at Juhu Varsova beach clean up drive



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International Yoga Day

No. of Participant : 47

Summary Report

SST College of Arts and Commerce, NSS unit has organized a Yoga day Programme on account of International Yoga day on 21st June 2017. The Yoga day programme started at 9.00 am. Yoga practitioners were invited to guide on Yogas & Asanas. Different yoga postures like Tadasana, Uttaana-asana, Trikona-asana, Bhadrasana, Shashanka-asana, Bhujangasana, Pawana Muktaasana, finally ended with Pranayama and meditation. Students other than the NSS unit also participated in this yoga practice and learnt to understand different Yogasanas and their importance for healthy body and sound mind. Yoga teachers demonstrated different postures. After the Yoga Practice Respected Principal Sir Dr. J.C. Purswani felicitated Yoga teachers and delivered an enlightening speech on importance of yoga practice for healthy living and. Entire programme was co-ordinated by NSS Programme officer Asst. Prof. Reena Mishra and Asst. Prof. Amol Adhangale.



**Demonstration
of Yoga**



**Students practicing
yoga**



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Tree Plantation

No. of Participant : 156

SST College of Arts and Commerce, NSS unit organized a Tree plantation programme at Nevali village, Kalyan. Students, as well as the NSS programme officer, reached the place at 9:00 am. Different types of saplings were planted. A total of **325 saplings** were planted. Students were very active throughout the plantation. They also pledged to look after the plants till their growth. Students observed the importance of tree plantations and expressed their concern towards the Global warming era. 30 students participated in the tree plantation programme.



**NSS Volunteers planting sapling on
tree plantation day**



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Orientation Programme

No. of Participant : 50

Summary report on Orientation Programme

SST college of Arts and Commerce, NSS unit organized an Orientation Programme on 10th August, 2017. The Orientation Programme was inaugurated with the lighting of lamp and Saraswati Vandana. NSS song were also recited by students to recall the motto of NSS. NSS District Co-ordinator Shri. Sanjay Choudhary graced the event with his presence. Academic Co-ordinator Dr.Gunjeet Kaur Pasricha felicitated NSS District Co-ordinator. Chaudhary sir discussed over what is NSS, different activities of NSS, role of NSS in moulding the personality of students and completing of 120 and 240 hours in NSS. Sir being the most experienced person from NSS Unit shared his own experience with students and also made the students aware about the importance of NSS in inculcation of discipline and social attitude. He also cleared doubts of students regarding NSS.



NSS district Co-ordinator Shri. Sanjay Chaudhary conducting orientation programme



Dr. Gunjeet Kaur felicitating Shri. Sanjay Chaudhary



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Blood Donation Camp

No. of Participant : 59

A blood donation camp was organized on 11th August 2017 by NSS units. It was held in the college premises. All the preparations such as arrangement of beds, writing and issue of certificates to the donors, refreshment etc were managed by NSS volunteers. Entire crew of the Blood Donation Bank reached the college before one hour of the scheduled camp time. The Camp was inaugurated by Founder Principal Dr. J.C. Purswani. Principal Sir addressed everyone regarding the relevance of blood donation as social responsibility. Blood Donation Camp started from 8.00am and continued till 2.30pm. Students, Faculty members, other college staff, parents and outsiders turned up to donate blood enthusiastically. Certain girls got rejected due to haemoglobin deficiency but the doctor advised them to eat such food which increases their haemoglobin level. Former Ulhasnagar Municipal Corporator Respected Mrs. Jyoti Kalani madam visited the camp and appreciated the initiative of students as well as college. Total blood bags collected were 534.



**Student Donating Blood
Blood donation camp organized at
college campus.**



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Celebration Independence Day

No. of Participant : 64

S.S.T. College of Arts and Commerce, NSS unit celebrated 15th August, 2017 Independence Day with great zeal and zest. The celebration of Independence Day symbolises the acknowledgement of sacrifice of people for freedom of nation. NSS unit organized Independence Day celebration on college campus. Chief guests for the occasion were founder Principal Dr. J. C. Purswani and Vice Principal Dr. Khushbu Purswani. Other dignitaries, staff members, and students also attended the occasion. The event commenced at 8.00 am. Parade welcomed the chief guest. After Flag hoisting, Flag song and National song was recited by students as well as other attendees. Principal Sir addressed the gathering and guided the students about their social responsibility towards the nation. Finally, Parade was performed. The whole ambiance seemed to be very auspicious and patriotic. Asst. Prof. Deepak Gavade anchored the programme in a lucid way. The entire programme was co-ordinated by NSS programme officer Asst. Prof. Reena Mishra, Amol Adhangale.



Principal Dr. J C Purswani
addressing the gathering
on Independence Day.



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NSS Day Celebration

No. of Participant : 58

NSS day is celebrated on 24th September 2017. NSS unit of S.S.T. College of Arts and Commerce organized the programme on this day. NSS Flag was hoisted by Principal Dr. J. C. Purswani. Volunteers sang NSS song in choro. NSS volunteers, Programme officers and other faculty members were present to grace the event. Principal Sir addressed the gathering by emphasizing more on the objective of NSS unit i. e. selfless service, integrity, team spirit and discipline. Principal Sir also felicitated the NSS volunteers for their outstanding performance and achievements toward various NSS activities. Entire programme was coordinated by programme officers.



**NSS volunteers welcoming Principal
Sir on NSS day**



Group Photo



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Cleanliness Drive

Summary report on Cleanliness Drive

No. of Participant : 33

SST College of Arts and Commerce, NSS unit conducted cleanliness drive in college premises and ground on 2nd October on the occasion of Gandhi Jayanti. 33 students participated in the cleanliness drive. Teams of 5 volunteers were formed. Students cleaned different places in college premises such as library, classroom, corridor, NSS office etc. They also cleaned nearby area of college. Volunteers understood the importance of cleanliness and dignity of labour. The cleanliness drive started at 9.00am and concluded by 12.30pm. Volunteers were provided by refreshment after the activity. This cleanliness drive completed under the observation of programme officer Prof. Reena Mishra and Prof. Amol Adhangale



NSS volunteer cleaning library



NSS volunteers indulged in cleanliness drive



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Visit to Oldage Home

Summary report on Visit to Oldage Home

No. of Participant : 10

On the auspicious occasion of Diwali, a group of volunteers from the NSS unit of SST College of Arts & Commerce, Ulhasnagar-4, visited NAVDURGA VRIDHA AASHRAM in Badlapur. The visit aimed to spread happiness and joy among the elderly residents and make their Diwali celebrations memorable. These old age people are left alone in old age home in spite of their family. NSS volunteers visited the old age home to make these old people feel a sense of belongingness. Volunteers also offered some home made Diwali delicacies and sweets to them. People felt honoured and respected. NSS volunteers realized the importance of older people. NSS Programme officer prof. Amol Adhangale accompanied the volunteers.



NSS volunteers at Navdurga old Age home



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AIDS Awareness Drive

No. of Participant : 32

SST college of Arts and Commerce, NSS unit participated in AIDS awareness rally on 1st December 2018 in association with Central Hospital, Ulhasnagar 3. 32 students participated in rally. Rally started at 9.00 am. And passed through OT section, follower lane, market places etc. Participants held placards provided by Central Hospital that called for united struggle to create awareness among people to prevent AIDS. The participants were wearing red ribbon, the global symbol for solidarity with HIV-positive people and those living with AIDS. Students again reached to the hospital after on and a half hour of rally. The association of SST college of Arts and Commerce, NSS unit was appreciated by hospital authorities. Students were accompanied by Programme Officer Prof. Reena Mishra.



NSS volunteers participated in AIDS day rally



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Mahaparinirvan Divas

No. of Participant : 45

On 6th December 2017, the National Service Scheme (NSS) Unit organized an event to commemorate Dr. Baba Saheb Ambedkar Mahaparinirvan Diwas. The event was held to honor the memory and contributions of Dr. B.R. Ambedkar, the architect of the Indian Constitution. The Founder Principal, Dr. J.C. Purswani, delivered a valuable speech paying tribute to Dr. Baba Saheb Ambedkar. The Vice Principal, Dr. Khushbu Purswani, Vice Principal, Dr. Santosh Karmani, and Program Officers were also present for the program. The event took place at the college premises classroom no 208 and was attended by faculty members, staff, and students. The primary objective was to educate the students about the life and achievements of Dr. B.R. Ambedkar, particularly his significant role in the drafting of the Indian Constitution.

The valuable speech delivered by the Founder Principal, Dr. J.C. Purswani, served as an inspiration to the students, encouraging them to follow the ideals of Dr. Ambedkar. The presence of Vice Principal Dr. Khushbu Purswani, Vice Principal Dr. Santosh Karmani, and Program Officers added to the significance of the program. Overall, the event proved to be an educational and motivational experience for the students, enlightening them about the life and legacy of Dr. B.R. Ambedkar.



**Founder Principal Dr. J. C.
Purswani Delivering the lecture**



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Residential Camp

Summary report on Special Residential Camp

No. of Participant :- 136

SST College of Arts and Commerce, NSS Unit had organised a 7 days residential camp at Mamdapur village, town- Neral district- Raigad scheduled from 14th December 2017 to 20th December 2017. Volunteers reached the camp site at 9.am. And settled themselves. Camp inauguration was scheduled at 11.00 am. Founder Principal Dr. J.C. Purswani, Vice Principal Dr. Khushboo Purswani, Chief Guest Shri. Sanjay Choudhary (NSS District coordinator Thane), Sarpanch of Mamdapur village Shri. Rajaram Patil and Gram Seval Shri. Pramod Bhoir inaugurated the camp by lighting lamps before Goddess Saraswati. NSS volunteers sang NSS song and university song. Principal sir motivated volunteers to learn different values during 7 days' camp. Camp routine used to start from 5.00 am. in the morning with morning prayer followed with yoga and exercise. After breakfast, the programme officer accompanied volunteers to the adopted village for shramdan and street play. By 12.00 noon after coming back from shramdan volunteers used to get freshen up followed by lunch and rest. From 2.00pm lectures were scheduled on different topics. The day was wrapped by 10pm. with a cultural programme presented by volunteers after dinner. Volunteers expressed their experience of the entire day. On the last day of the camp students were felicitated for their selfless service to villagers by NSS Programme officers Asst. Prof. Reena Mishra, Amol Adhangale & Deepak Dubey. **130 NSS volunteers attended the camp.**



NSS volunteers at adopted village,
Mamdapur village, Neral.



Asst. Prof. Madhu. Tirthani delivering
guest lecture at camp over leadership



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Celebration of Youth Day

No. of Participant:- 45

SST College of Arts and Commerce, NSS unit celebrated Youth Day on 12th January, 2018 to honor the birth anniversary of Swami Vivekananda. All the students and faculty members assembled in room no. 103 at 1.00am. Asst. Prof. Deepak Dubey and Asst. Prof. Mayra Lachhani addressed the students on this occasion. The importance of celebrating Youth Day is to encourage the youth in the country to become a better person and achieve an honorable life contributing to the development of the country.



**Asst. Prof. Deepak Dubey addressing
students on Youth Day**



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Visit to Mumbai University NSS Cell Adopted Village (Mhaskal)

Summary report No. of Participant :- 21

S.S.T. College of Arts and Commerce, NSS unit visited Mhaskal village on 16th January 2018 and volunteered their services. NSS volunteered. NSS volunteers carried out the cleanliness programme and levelled the ground of Zilla Parishad Primary school located in the village. Volunteers carried out survey of the village on availability of basic amenities at and nearby village such as electricity supply, washroom, transport, ration card etc. Finally, while returning volunteers performed street play on different social issues before school students and staff members. NSS volunteers felt satisfied by offering their selfless services to villagers and school authorities. They realized the importance of dignity of labour. 21 students visited the adopted village accompanied by Programme officer Prof. Reena Mishra



NSS volunteers carried out survey at



NSS volunteers at Zilla Parishad primary school



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Celebration of Republic Day

Summary Report on Republic Day

No. of Participant :- 34

S.S.T. College of Arts and Commerce, NSS unit organised Republic day celebration on 26th January 2018 college campus. The celebration began at 8 am. Founder Principal of College Dr. J. C. Purswani unfurled the National Flag amidst loud cheers. He followed the rituals by lighting lamp and Pooja before the photo of Dr. Babasaheb Ambedkar and the National Flag. Everyone saluted the National Flag, after that there was a speech by our Principal Sir. He put across the concern about how National development is possible only through Youth development. Celebration came to an end with patriotic songs & a parade led by NSS Volunteers. This entire event was anchored by Asst. Prof. Deepak Gavade. NSS programme officer Asst. Prof. Reena Mishra and Amol Adhangale organized the event.



NSS volunteers performing Parade on Republic Day



Founder Principal Dr. J C Purswani sir addressed the gathering on Republic day.



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Celebration Parentine Day

Summary report on Parentine Day

No. of Participant :- 43

SST college of Arts and Commerce, NSS unit has organised Parentine day on 14th February, 2018. On this day NSS volunteers presented their gratitude towards their parents. The programme started at 11.00 am with the inauguration ceremony. Founder Principal Dr. J.C. Purswani lighted the lamp and Saraswati vandana was sung. Principal Dr. J.C. Purswani Vice principal Dr. Khushboo Purswani, S.L. Women's college Principal Dr. Gunjeet Kaur Pasricha was present on the dais. Dignitaries are enlightened on the importance of parents in one's life. PPT was presented before parents stating the contribution of their wards in NSS. Finally, NSS volunteers felicitated their Parents presenting their gratitude toward their parents by offering rose flowers to them. Some parents also presented their emotions toward such a wonderful programme held at college. This event was anchored by Asst. Prof. Deepak Gavade. The programme was completed by 1.00pm.



NSS volunteers presenting their gratitude on Parentine day



Parents felicitating their wards



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Competitive Exam Training Camp (Career Counseling)

No. of Participant :- 129

A New Approach to Competitive Examinations - A seven-day residential camp on relevant competitive examination guidance was conducted from 26th December 2017 to 1st January 2018 at Sonwane Farm House Revati Pada, Murbad Road, Kalyan. Asmita Foundation, in association with SST College of Arts and Commerce, organized a residential camp based on the concept of "Student - A Government Officer" for the development of youth in a peaceful and scenic environment in order to disconnect the students from the world for a few days and look at education from a new perspective. 129 needy and aspiring students from all corners of Maharashtra participated in this camp. The inauguration ceremony of this residential camp was attended by professors from the Thane district. After the inauguration, the students were divided into groups. To improve the students' peace of mind, concentration and morale, and their attributes, daily-energizing sessions of physical exercise, yoga, meditation as well as self-defense, like karate, boxing, etc. were planned during these seven days. Mr. Abhijeet Jadhav, Dr. Ladwa and Mr. Sandeep Raut, also experts from the field of professional drama, elaborated on how to improve the overall personality development and morale of the students while also learning how to conduct self-evaluation. One's perception toward the world is in reality a mirror of his personality; no one is born with this perception innately, we have to develop it. Only when this attitude is positive, we get success. Mr. Abhijit Jadhav gave this message to the students.

Dr. Ladwa said in his lecture that - while working in any field, you should have self-confidence. It is also necessary to manifest positive thoughts like believing your future to be good. Mr. Sandeep Raut told an instance from his own life of how our friends should be, and how their good or bad influence affects our lives knowingly or unknowingly. He reminded the students to strive because it is through this struggle that we achieve success.

For Competitive Examinations such as MPSC, UPSC, PSI, STI, Assistant Writer, Dr. Naresh Chandra Kathole, Chairman - IAS Academy, Amravati said that creativity and determination are the main mantras to be combined with constant efforts. Mrs. Priya Katke, Sub-Inspector of Police, said that they should not only see dreams and set goals but also keep positive thoughts about them; develop memory by writing and reading regularly, and read current papers regularly to stay updated about current affairs.

Another expert, Shri Ajay Vaidya, Deputy Commissioner, explained the easy and simple ways on how to fight this battle of competitive exams. If a student continues to study with strong will power, he can definitely crack the exam. Mr. Avadhoot Dabhole, Ministry Assistant Inspector, Mr. Pankaj More, Assistant Sales Tax Inspector, Mr. Swapnil Akhadmal, Labour Officer, and Prof. Umakant Deshmukh gave very thorough and detailed guidance. Questions such as the below were thoroughly answered:

- What is Competitive Examination?
- Where does it happen?
- What is the percentage of total marks and how many marks are there for each stage?
- How much time does one require to solve the questions?
- What is the right method to study?
- What are the required books?
- How much study one needs to do for the interview and physical test?
- How and when to plan it?

Dr. Vikas Suryavanshi, Sub-Collector, talked about his experience from being a student to a government officer, from Satara to Mumbai. He recollected how he took this tough journey of struggle from darkness to light. With the right amount of excitement, optimal work capacity, time management, and constant efforts, one only has to be courageous enough to achieve success. He emphasizes that while living in society or studying for any exam or any post, the importance of our family is paramount. More so importantly, the position of our parents in our life. Prof. Prashant More, Maharashtra Kalidas Award recipient, was also invited to speak on this topic with the students. Prashant More Sir easily convinced the students about the importance of parents in their lives in simple words through poems. In this manner, the seven-day residential camp was successfully completed. The organisers appreciated the efforts of volunteers of SST College of Arts and Commerce for making this camp a grand success.

Glimpses



Students attending various sessions at camp



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Competitive Exam Training Camp (Career Counseling)

No. of Participant : 96

A State Level Residential Camp for 7 Days Competitive Exam Guidance was organized from 30th May to 5th June 2017 at Mandar Krishi Tantra Niketan Vidyalaya, Kollamgaon, Goveli Murbad Road, Kalyan. The residential camp was organized by the Asmita Foundation in collaboration with SST College of Arts and Commerce. 96 needy and aspiring students from all corners of Maharashtra participated in this camp. Commissioner of Kalyan Dombivli Municipal Corporation, Shri. E. Ravindran and Kalyan Deputy Commissioner of Police, Shri Sanjay Shinde, were invited for the inauguration of the camp. They shared their success mantra with the students that, "Everyone's path to success may be different. If you want to be successful, the only way is to keep trying."

After the camp was inaugurated, various groups of students were formed. To increase the peace of mind and concentration of the students, and to raise their morale, Prof. Jeevan Vichare taught Karate during these seven days so that they could practice yoga, meditation and self-defense. Mr. Brijesh Tripathi from IIT Powai gave very thorough guidance about the UPSC Exam. For MPSC, UPSC, and Banking Exams, maximum emphasis was given to the three subjects which are always difficult for the students like English, Mathematics and Intelligence Test. For the Banking and Staff Selection Exams, Prof. Ravi Singh gave thorough guidance on the subject of Mathematics. Information on how to prepare for English in an easier way was provided by Prof. Ashok Mishra. Prof. Prakash Galande gave guidance regarding Intelligence Test. Mrs. Priya Katke, PSI, guided the students very well regarding the PSI exam. Similarly, she also gave information about the MPSC exam. Mr. Deepak Khanolkar, Branch Manager, IBN Lokmat, guided regarding the all-round personality development of the students. Mr. Mansingh Patil, API (Palghar, Vikramgad), discussed with the students the aspects of Positive Thinking. Mr. Anoop Singh, a former officer in the Indian Navy, interacted with the students on the topic of leadership skills. Mr. Sunil Sokte, (Baramati), advised the students regarding proper planning of studies, and time management. To guide the students on the subject of goal attainment, Prof. Jeevan Vichare said, "To achieve any goal you need to take care of many things from goal setting to completion, based on which you can achieve your goal easily." While studying for any exam, Prof. Prashant More, (Poet), talked about the importance of family and their support for the students during such exams.

In this way the 7 days residential camp was completed with grand success, all with the help and support of the volunteers of SST College of Arts and Commerce. Their contribution was greatly appreciated by the organisers.



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Glimpses



Students attending
Lectures at camp



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Seminar on Competitive Exam

No. of Participant : 69

Date: 21-08-2017

Time: 11:00 am to 1:00 pm

Venue: Classroom No. 208

A seminar on Competitive Exam was organized at SST College of Arts & Commerce, Ulhasnagar-4 on 21st August 2017. The seminar aimed to provide valuable insights and guidance to students preparing for competitive exams. The event was held in Classroom No. 208 and lasted from 11:00 am to 1:00 pm.

The seminar was coordinated by the NSS unit of SST College of Arts & Commerce, with a total of 69 volunteers actively participating in organizing the event. The NSS Programme Officer, Assistant Professor Reena Mishra, played a pivotal role in facilitating the seminar.

The chief guest and speaker for the seminar was Shri Jeevan Vichare from L D Sonawane College. With his expertise in the field, Shri Jeevan Vichare covered various essential topics such as quantitative aptitude, verbal ability, logical and analytical thinking, and placement. His insightful session aimed to equip students with the necessary skills and knowledge required to excel in competitive exams.

Assistant Professor Amol Adhangale concluded the seminar by delivering a vote of thanks, expressing gratitude to the chief guest, speaker, and all the participants for their active involvement and valuable contributions.

Additionally, Dr. J. C. Puruswani, a distinguished guest, provided valuable inputs to the students regarding competitive exams. His expertise and guidance served as a valuable resource for the attendees.

The seminar on Competitive Exam at SST College of Arts & Commerce was a resounding success, leaving the students inspired and motivated to pursue their goals in the competitive exam arena. The event provided a platform for students to enhance their knowledge, gain valuable insights, and develop a competitive edge for their future endeavors.



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Education on Traffic Awareness (Road Safety Campaign)

Date: 12/03/2018

Participants: 28 NSS volunteers

Summary Report

The NSS Unit of SST College Ulhasnagar, in collaboration with the Traffic Police of Ulhasnagar City, organized an educational event on traffic awareness. The aim of the event was to promote road safety and increase awareness about traffic rules and regulations among the general public, particularly the youth.

The event took place on 12th March 2018 and featured a guest lecture by Deputy Commissioner of Traffic Police Thane, who shared valuable insights and information on various aspects of traffic safety. The lecture covered topics such as road rules, traffic signs and signals, pedestrian safety, drunk driving, and the importance of wearing seatbelts and helmets. The lecture also highlighted the consequences of traffic violations and the role of responsible driving in preventing accidents.

A total of 28 NSS volunteers actively participated in the event. They played a crucial role in organizing and managing the logistics of the event, ensuring its smooth execution. The volunteers distributed informational pamphlets and brochures to the attendees, providing them with important guidelines and safety tips to follow while on the road.

The event received positive feedback from the participants, who appreciated the initiative taken by the NSS Unit and the Traffic Police to create awareness about road safety. The attendees expressed their gratitude for the informative session and acknowledged the importance of such events in promoting responsible driving behavior and reducing accidents on the roads.

