



ज्ञान-विज्ञान किमुक्तम्

प्रो. रजनीश जैन
सचिव

Prof. Rajnish Jain
Secretary



सत्यमेव जयते

विश्वविद्यालय अनुदान आयोग
University Grants Commission

(मानव संसाधन विकास मंत्रालय, भारत सरकार)
(Ministry of Human Resource Development, Govt. of India)

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D.O.No.F.1-6/2019(CPP-II)

20th July, 2020

Subject: Regarding inauguration of various activities under MANODARPAN initiative

Respected Madam /Sir,

This is in reference to the letter D.O. No. 18-56/2016-U1A dated 17th July, 2020 of Joint Secretary (HE), MHRD regarding the inauguration of various activities under **MANODARPAN** initiative. This initiative undertaken by the Ministry, will provide psychosocial support to students, teachers and families for Mental Health and Emotional Wellbeing during the COVID outbreak and beyond. It aims to help students to live their lives happily, effectively and productively and become resilient over time with the help of life skills even in the face of challenges and roadblocks. Manodarpan following the call for **ATMANIRBHAR BHARAT ABHIYAN** will efficiently reform the Education sector by strengthening human capital and increasing productivity.

Under the initiative, a Web-page named 'Manodarpan- Psychosocial Support for Mental Health & Well-being during the COVID outbreak and beyond' has been created on MHRD's website. The Web-page contains advisory, practical tips, posters, videos, do's and don'ts for Psychosocial support, FAQs and online query system. Also, a National Toll-free Helpline (8445440632) for a country-wide outreach to students from schools, colleges and universities has also been set up which will provide tele-counselling to address their mental health and psychosocial issues. This helpline shall be managed by a pool of experienced counsellors/ Psychologists and other mental health Professionals.

The Web-page and National Toll Free Helpline of Manodarpan will be inaugurated by the Hon'ble Minister for Human Resource Development, **Shri Ramesh Pokhriyal 'Nishank'** in the presence of Hon'ble Minister of State (HRD), **Shri Sanjay Dhotre** at **11:00 AM on Tuesday, the 21st July, 2020**. The program may be viewed live on the Twitter and Facebook handle @DrRPNishank of the Hon'ble Minister for Human Resource Development.

In this view, the Vice-Chancellors of all the Universities and Principals of the Colleges are kindly requested to join the event online along with teachers, students and students' parents. Further, the virtual meeting to launch the Manodarpan initiative may be attended by accessing <https://webcast.gov.in/mhrd>

With kind regards,

Yours sincerely,

(Rajnish Jain)

Encl: As Above

To:

- The Vice Chancellors of all the Universities
- The Principals of all the Colleges